



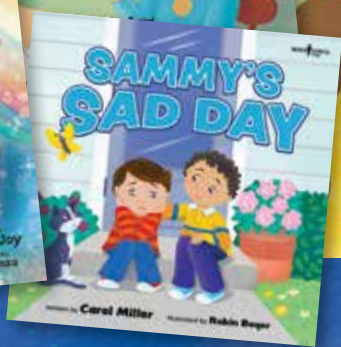
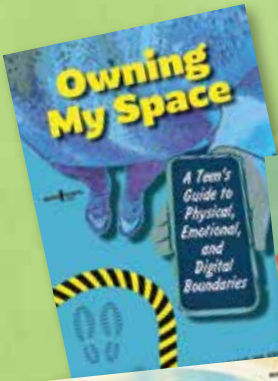
2026 Spring Catalog

# BOYS TOWN PRESS

Award-Winning Resources for Educators, Counselors, and Families



BoysTownPress.org



**Spotlighting Social Development, Positive Behavior, and Emotional Resilience!**

# STORIES that *move.* STORIES that *matter.*

Boys Town Press was created for a purpose –  
**to enrich the lives of children and empower  
those who parent, teach, and love them.**

Every storybook, lesson plan, e-book, or  
professional guide you purchase directly from us  
means more hurting children experience healing,  
more struggling families find hope, and more  
youth-serving professionals benefit from cutting-  
edge training, research, and support.



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Call us at **800-282-6657** or email **btpress@boystown.org**.

   @BoysTownPress

## Recent Award-Winning Titles



*Autism Live has honored two of our recent titles  
with **BEST BOOK** awards for their excellence.*



### **Navigating Your Child's Unique Mental & Physical Needs:**

**A Parent's Guide to School Supports**

**BEST BOOK** – Caregiver Category

Also Winner of the Firebird Book  
Award in the Parenting and Family  
Category.

*See page 8*

### **Different Thinkers: Autism**

**BEST BOOK** – Children's Book  
Category

Also Winner of the California  
Reading Association's Eureka!  
Nonfiction Award.

*See page 19*



*Readers and critics alike  
are raving about this  
remarkable title – winner  
of the prestigious **American  
Writing Award!***

### **I'm Sick, but That's Not What Hurts**



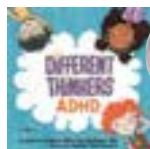
Also Winner of the  
Counselor's  
Choice Award

*See page 15*

### **Other Awards:**

**Different Thinkers: ADHD** – IBPA Silver Medal  
Book Award for Neurodivergent Communities

**Catch the Ball!** – Children's Book International  
Award in the Sports Category



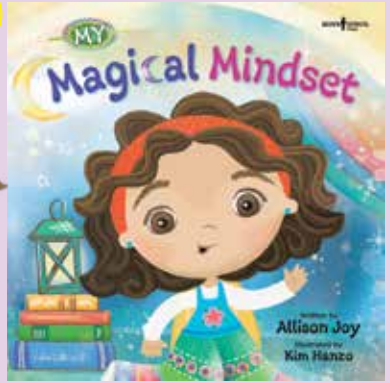
## My Magical Mindset

GRADES PreK-4

Allison Joy, Illustrated by Kim Hanzo

Peek into the mind of June Bug as she boldly faces her first day as the new kid in school. She must find ways to deal with the anxieties, anger, sadness, and loneliness that come when you leave behind friends and familiar places.

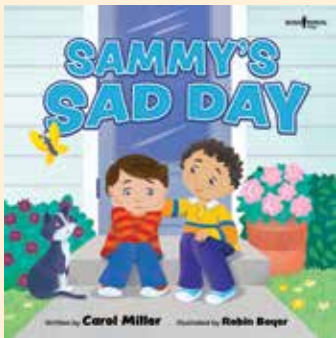
As each new experience brings a big emotion, June Bug uses her magical mindset to relax her body, focus, and find solutions that will ease her fears and self-doubts. And when her magical mindset gets stuck and can't come up with a way to feel better, June Bug knows she can talk to someone she trusts. 31 pgs.



ITEM NO. 78-001 \$11.95

“As a therapist, I am always looking for fun ways to teach kids about mindset and managing their emotions. June Bug’s journey through a difficult transition teaches kids that it’s ok to have big emotions, but they can also use their mindset to feel better. A fantastic resource for therapists and parents that kids will love!”

~ Missy B., Therapist



ITEM NO. 79-001 \$11.95

## Sammy's Sad Day GRADES PreK-4

Carol Miller, Illustrated by Robin Boyer

A gentle, rhyming story that helps children understand and cope with sadness. Sammy feels down and doesn't know why, but his friend Ollie offers comfort through hugs and creative activities like drawing and writing. Together, they explore ways to lift Sammy's spirits, including thinking of happy memories, taking deep breaths, and spending time outdoors. Through vivid illustrations and simple strategies, young readers learn that it's okay to feel sad, but with friendship, fun, and fresh air, they can reshape their attitude and turn sadness into smiles. 31 pgs.



“This book is very engaging. The rhyme makes it fun and catchy to remember the key points. We all have sad days, but we have ways to cope and feel better. The story models good friendship and empathy while also teaching coping skills.” ~ Carey H., NetGalley

## Debut storybook from Carol Miller of Counseling Essentials

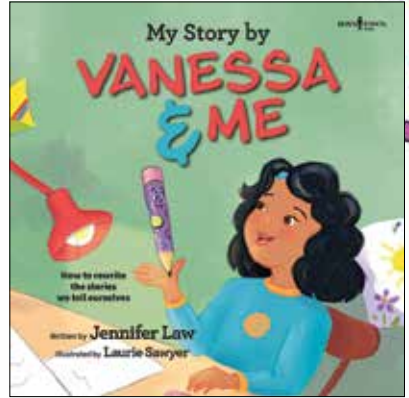


## My Story by Vanessa & Me

GRADES 2-6

Jennifer Law, Illustrated by Laurie Sawyer

Meet Vanessa, a young girl who thinks every little mishap and mistake will become a big catastrophe—until a magical pencil named Astoria appears. With warmth and wisdom, Astoria teaches Vanessa how to rewrite the anxious, self-critical stories in her head and replace them with kinder, gentler, and more balanced thoughts. As Vanessa learns to challenge her negative self-talk, she begins to feel safer, more confident, and more loved. Interactive prompts throughout the book invite readers to reflect, respond, and practice healthier ways of thinking. 31 pgs.



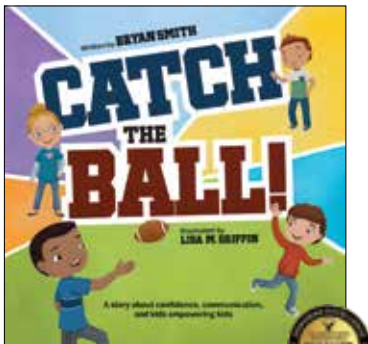
**Includes code for free printable writing prompts and activities!**

**Downloadable Activities Available**

ITEM NO. 66-006 \$11.95

“A heartfelt, empowering book that teaches kids how to shift negative self-talk into positive thinking. With a magical pencil as a guide and space for personal reflection, it invites young readers to become active participants in rewriting their own inner stories. This is a powerful tool for building emotional resilience.”

~ Ali Squires, Elementary School Counselor



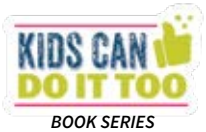
## Catch the Ball!

A story about confidence, communication, and kids empowering kids

GRADES K-5

Bryan Smith, Illustrated by Lisa M. Griffin

On the football field, Ezekiel and Joel have the same problem. Neither is having fun. Will the plans they come up with help them regain the confidence and the fun they have lost? 31 pgs.



ITEM NO. 56-031 \$11.95

**Downloadable Activities Available**

“A great guide to help kids communicate with adults when they are feeling too much pressure.”

~ Richard Wager  
Educator, Parent, and Coach

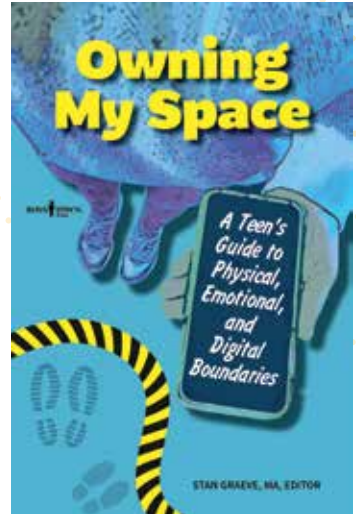


## Owning My Space

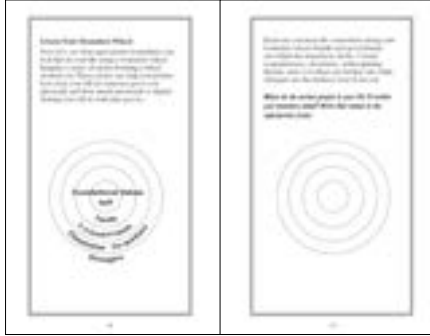
A Teen's Guide to Physical, Emotional, and Digital Boundaries  
GRADES 6-11

Stan Graeve, MA, editor

A supportive and relatable resource that helps teens understand what boundaries are, why they matter, and how to set them with confidence. Through real-life examples, reflection questions, and hands-on activities, teens learn to recognize boundary-crossing behavior and respond in ways that protect their privacy, time, and emotional well-being. Whether dealing with friends, family, or online interactions, this guide empowers teens to communicate clearly, stay true to themselves, and make choices that support healthy relationships. It's a must-read for any teen navigating identity, connection, and the digital world with strength and self-respect. 131 pgs.



ITEM NO. 25-023 \$12.95



See also the *Navigating Friendships* book series.  
Page 14.



## Your Guide to Making and Being a Good Friend

GRADES 5-10

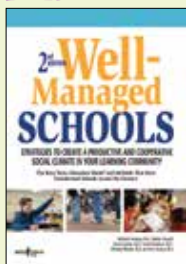
Stan Graeve, MA, editor

This pocket guide for preteens and teens is a quick read with a powerful punch. Easy-to-follow strategies are coupled with practical tips to give readers a blueprint for building rewarding friendships: treating others with respect, mastering the art of conversation, and more. Includes self-reflection questions to encourage young people to think more carefully about what it means to be a friend and take action to cultivate new and more rewarding relationships. 93 pgs.

ITEM NO. 25-022 \$9.95

# Multi-Tiered Support for Your School - Tier 1

## TIER 1



### Well-Managed Schools, 2<sup>nd</sup> Ed.

GRADES K-12

*Michele Hensley, MS, Walter Powell, Susan Lamke, MS, Scott Hartman, MS, Michael Meeks, MS, Erin Green, MS*

Strategies to create a productive and cooperative social climate in your learning community.

ITEM NO. 48-018 \$26.95



ITEM NO.  
48-019  
\$37.95

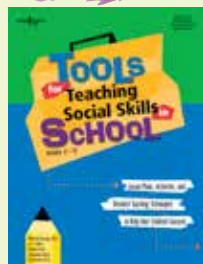
### Social Skill of the Week Curriculum

42 Weeks of Lesson Plans for K-6 Classrooms

*Amy Riccio, LMSW, MS, Beth McGraw MEd, Laura Sokolofsky, MEd, NCC, LPC*

Teach or focus on one skill (or a combination of skills) per week to accommodate your academic calendar. Individual lessons are divided into daily activities that can be taught in five to fifteen minutes.

🔄 See accompanying poster sets on page 9.



ITEM NO.  
45-018  
\$34.95

### Tools for Teaching Social Skills in School

Lesson Plans, Activities, and Blended Teaching Techniques to Help Your Students Succeed GRADES K-12

*Michele Hensley, et al.*

These activities are written in an easy-to-follow format with talking points to help you define and explain 16 basic and 12 advanced social skills.

### Training available!

See page 34.

## Social Skill Downloadable Lesson Plans

GRADES K-9

*Midge Odermann Mougey, EdD, Jo C. Dillon, Denise Pratt, MS*

These lessons were pulled from the popular *More Tools for Teaching Social Skills in School* and separated into four categories. Use these downloadable lesson plans with your students to improve student behavior. Each lesson plan includes activities, role-plays, worksheets, and skill posters.



### Self-Management and Independent Living 📄

Seven downloadable lesson plans.

ITEM NO. DA-45-011 \$7.95

### School Behavior and Academic Performance 📄

Ten downloadable lesson plans.

ITEM NO. DA-45-012 \$9.95

### Friendships and Relationships 📄

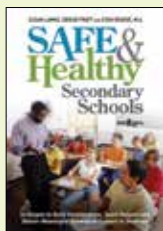
Ten downloadable lesson plans.

ITEM NO. DA-45-013 \$9.95

### Managing Emotions 📄

Eight downloadable lesson plans.

ITEM NO. DA-45-014 \$7.95



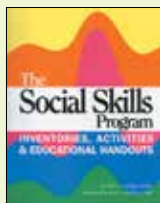
### Safe & Healthy Secondary Schools

GRADES 7-12

*Susan Lamke, MS, Denise Pratt, MS, Stan Graeve, MA*

Strategies to build relationships, teach respect, and deliver meaningful behavioral support to students.

ITEM NO. 48-012 \$25.95



### The Social Skills Program

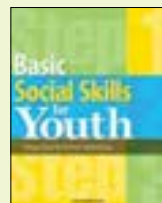
GRADES K-12

*John J. Liptak, EdD*

This book contains reproduc-

ible assessment instruments, group activities, pre- and post-tests, and educational handouts in five social skill areas: communication effectiveness, conflict resolution, interpersonal style, social risk taking, and social support systems.

ITEM NO. 85-186 \$49.95



### Basic Social Skills for Youth

GRADES 2-8

*Jeff Tierney, MEd*

Includes eight social skills with their

behavioral steps: following instructions, disagreeing appropriately, accepting criticism or a consequence, talking with others, showing respect, and more. Rationales and suggestions are also included for each skill.

ITEM NO. 45-007 \$6.95

10 or more \$5.50 each

# Tier 2 Support for Your School

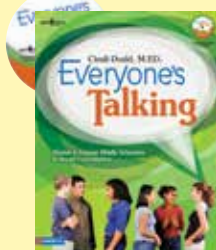


## Take Two: Skill-Building Skits You Have Time to Do!

GRADES 5-10  
Cindi Dodd, MEd

Ideal for use as a targeted (Tier 2) intervention for groups of three or more or as a universal (Tier 1) intervention with larger groups. Features 21 social skills and reproducibles.

ITEM NO. 52-001 \$26.95

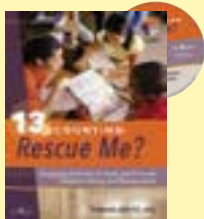


## Everyone's Talking

GRADES 5-10  
Cindi Dodd, MEd

Encourages much-needed conversations about peer pressure, bullying, respecting authority, and other social topics.

ITEM NO. 52-002 \$22.95



## 13 & Counting: Rescue Me?

GRADES 5-12  
Tamara Zentic, MS

ITEM NO. 53-001 \$22.95



## 13 & Counting: Does a Hamburger Really Have to Be Round?

GRADES 7-12  
Tamara Zentic, MS

ITEM NO. 53-004 \$22.95



## 13 & Counting: Be the Difference!

GRADES 7-12  
Tamara Zentic, MS

ITEM NO. 53-008 \$22.95

## TIER 2



**ABOUT THESE BOOKS:**  
Reproducible handouts and worksheets available for download. Code to downloadable pages is available upon request after purchase.

See also the *Navigating Friendships* bundle. [Page 15.](#)

## Tools for All Levels of Support



Posters available. [Page 9.](#)



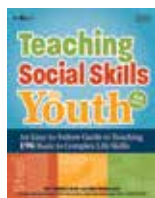
See also the *Best Me I Can Be!* book series. [Page 25.](#)

## Calming Cards

GRADES PreK-6

A set of illustrated cards featuring 26 kid-friendly strategies for managing anger, stress, frustration, and all big feelings! Excellent for use in calming corners, time-out spots, or a Zen den! 26 Laminated Cards, 3.75" x 5"

ITEM NO. 48-341 \$12.95



## Teaching Social Skills to Youth, 4<sup>th</sup> Ed.

GRADES K-12

Jeff Tierney, MEd, Erin Green, MS

An easy-to-follow guide to teaching 196 basic to complex life skills.

ITEM NO.  
45-022  
\$37.95



## My Schoolwork Is a Mess!

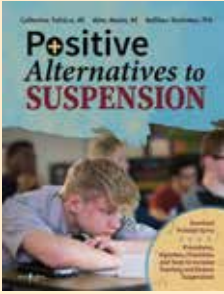
Jennifer Licate, Illustrated by Suzanne Beaky

GRADES 4-8

ITEM NO. 69-015 \$12.95



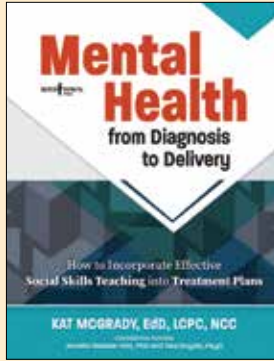
# Tier 3 Support for Your School



## Positive Alternatives to Suspension

GRADES 4-12  
 Cathy DeSalvo, MS,  
 Mike Meeks, MS,  
 Matthew Buckman, PhD  
 A blueprint for creating a successful in-school alternative to out-of-school suspension.

ITEM NO. 48-017 \$34.95

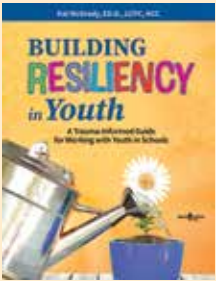


## Mental Health from Diagnosis to Delivery

GRADES 1-12  
 Kat McGrady, EdD, LCPC, NCC, with contributing authors Jennifer Resetar Volz, PhD, Tara Snyder, PsyD  
 How to incorporate effective social skills teaching into treatment plans.

ITEM NO. 72-004 \$33.95

# TIER 3



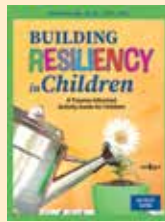
Reviewed by Licensed Mental Health Therapists for Recognition of Quality in the Field

ITEM NO. 72-001 \$29.95

## Building Resiliency in Youth: A Trauma-Informed Guide for Working with Youth in Schools

GRADES K-12  
 Kat McGrady, EdD, LCPC, NCC

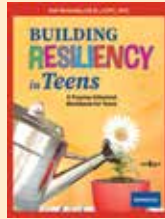
This guide will help you recognize the signs of trauma and show you how to best support individuals dealing with it.



## Building Resiliency in Children: A Trauma-Informed Activity Guide for Children

GRADES K-6  
 Thirty-three trauma-informed, adult-led activities for children ages 5-12.

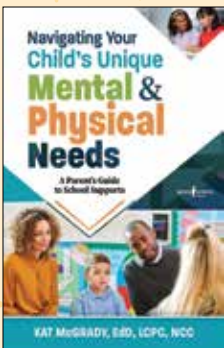
ITEM NO. 72-002 \$22.95



## Building Resiliency in Teens: A Trauma-Informed Workbook for Teens

GRADES 7-12  
 Twenty-seven trauma-informed, self-guided assessments and activities for middle and high school-age children.

ITEM NO. 72-003 \$22.95



## GREAT TOOL FOR CAREGIVERS!

## Navigating Your Child's Unique Mental & Physical Needs

A Parent's Guide to School Supports  
 Kat McGrady, EdD, LCPC, NCC

Your go-to resource for understanding and maximizing the supports your child needs for full inclusion in the classroom.

ITEM NO. 72-005 \$15.95



Firebird Book Award Winner!

## More TIER 3 Tools



Executive Function Book Series PAGE 23



Freddie the Fly Book Series PAGE 20



Different Thinkers Book Series PAGE 19

“The author’s tone is empathetic as she highlights practical strategies for parents and guardians of students with a mental or physical disability. The book features a detailed table of contents and succinct summaries of each chapter in the front, so readers can quickly and easily find the necessary information. I highly recommend this text as it was written in a way that aims to validate and empower adults as they seek resources for their student inside and outside of school.”

~ Dr. Jennifer Snow, Assistant Professor and Former High School Teacher

# Turning Classroom Walls into Learning Spaces

## Classroom Posters to Teach Social Skills

Convenient and colorful for classroom use! Both poster sets feature 25 social skills that are essential for success in K-6 general education classrooms.  
Available in English and Spanish!



### Skill of the Week – Basic to Intermediate Social Skills Poster Set

25 Posters, 12" x 18"

English ITEM NO. 48-319 \$24.95  
Spanish ITEM NO. 48-320 \$24.95



### Skill of the Week – Intermediate to Advanced Social Skills Poster Set

25 Posters, 12" x 18"

English ITEM NO. 48-321 \$24.95  
Spanish ITEM NO. 48-322 \$24.95

### Middle and High School Poster Set

These 16 skills match the Well-Managed Schools curriculum and include: following instructions, accepting criticism or a consequence, accepting "No" for an answer, greeting others, getting the teacher's attention, disagreeing appropriately, making an apology (saying you're sorry), and more. 11"x17"

ITEM NO. 48-309 \$16.95



### Interpersonal Skills Poster Set

Use these colorful 11" x 17" posters to help older youth prepare for life beyond the classroom. The set of 16 posters includes: being on time, asking for help, accepting decisions of authority, and more.

ITEM NO. 45-301 \$16.95



### Early Education and Preschool Poster Set

Each poster includes the skill name, its behavioral steps, and a graphic illustration. Use these attractive, engaging visuals with early learners to introduce and encourage skill development! 15 Posters, 8.5" x 11"

ITEM NO. 48-330 \$9.95



### School Social Skills and Procedures Poster Set

Set of 20 full-color posters illustrate the school procedures and social skills in action. Features three hallway and cafeteria procedures and 17 social skills.

Posters  
ITEM NO. 48-340 \$26.95

# Teaching Made Easier, Learning Made Richer

## Under the Sea Lessons for Life, Volume 2 GRADES K-5

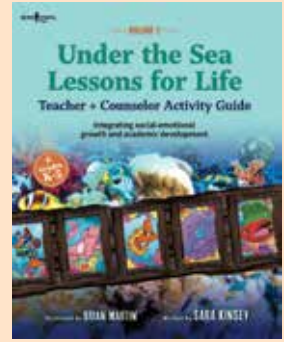
Integrating social-emotional growth and academic development

Sara Kinsey, Illustrated by Brian Martin

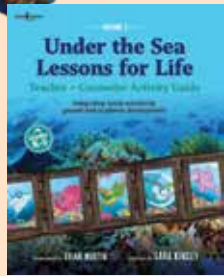
Inspired by the Pacific Ocean's Raja Ampat Reef, this guide includes five spellbinding stories. Written in rhyme and featuring lovable sea creatures, the stories spotlight five essential skills for managing emotions and building healthy relationships. The stories are supplemented by activities to nurture further skill development and academic growth.

"Under the Sea: Lessons for Life is a treasure trove of meaningful stories and engaging activities designed to help children grow. Whether you're a teacher, counselor, or parent, you'll find this book to be an invaluable resource. Kids will fall in love with the charming sea characters as they learn important life skills in a fun and memorable way. It's more than a book – it's a bridge to deeper conversations and lasting lessons."

~ Colleen Grigg, School Counselor, Mom, and Founder of 100 Women Who Care – Forsyth



ITEM NO. 76-002 \$22.95



## Under the Sea Lessons for Life, Volume 1

Integrating social-emotional growth and academic development

GRADES K-5

Sara Kinsey, Illustrated by Brian Martin

Five entertaining short stories feature rhyming text with adorable characters. Each story has corresponding activities that support skill development and academic growth.

ITEM NO. 76-001 \$22.95



## Downloadable Individual Lessons and Activities

Browse our vast selection of lessons and activities to match one of these six character traits: Responsibility, Self-Discipline, Respect, Kindness, Fairness, and Perseverance.

### Lessons & Activities

Individual activities range from \$ .99 to \$2.99



SCAN to Shop

Be sure to check back often!

**RESPONSIBILITY/RELIABILITY**

Let's Shake some Learning

Identify the Character

**SELF-DISCIPLINE/STAYING ON TASK**

You're Here to Stay

**PERSEVERANCE/MOTIVATION**

Let's Rock!

How to Succeed

**FAIRNESS/TEAMWORK**

Double (Dip)

Step Writer

**KINDNESS/COMPASSION/CARING**

Please, Don't Be Displeased!

What Do You Say?

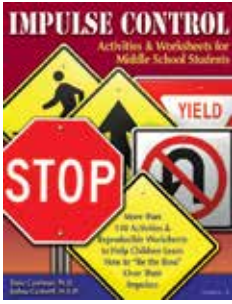
THE GOLDEN RULE

**RESPECT**

That's Your Opinion

Check the Code

# Teaching Tools that Help Students Thrive



## Impulse Control

GRADES 6-8  
*Tonia Caselman, PhD,  
Joshua Cantwell, MSW*

More than 130 lessons teach students how to anticipate consequences, practice good listening skills, use patience and tolerance, be the “boss” of their impulses, and manage anger and anxiety.

ITEM NO. 84-053 \$34.95

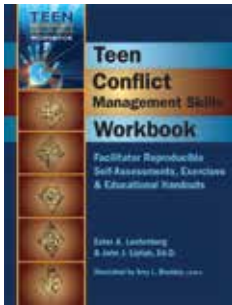


## Impulse Control

GRADES 1-5  
*Tonia Caselman, PhD*

More than 120 lessons and reproducible worksheets. Children learn to recognize and manage feelings, use patience, solve problems, and use impulse control with peers.

ITEM NO. 84-054 \$34.95

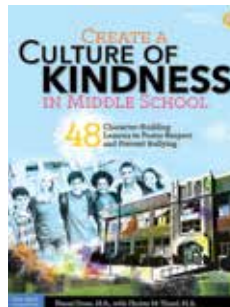


## Teen Conflict Management Skills Workbook

GRADES 7-12  
*Ester A. Leutenberg,  
John J. Liptak, EdD*

Use this workbook to help teens focus their thinking on behavioral change and “let go” of troublesome habits.

ITEM NO. 84-060 \$49.95

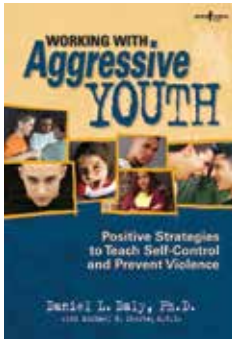


## Create a Culture of Kindness in Middle School

GRADES 4-8  
*Naomi Drew, MA, with  
Christa M. Tinari, MA*

48 character-building lessons to foster respect and prevent bullying.

ITEM NO. 84-109 \$39.99



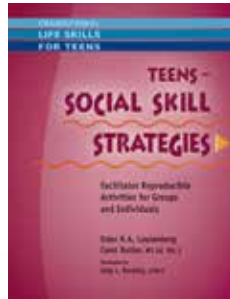
## Working with Aggressive Youth

GRADES 5-12  
*Daniel L. Daly, PhD, with  
Michael N. Sterba, MHD*

Effective strategies for defusing aggression based on the proven teaching methods developed in the Boys Town Model®. Sample Treatment Plans from a variety of settings help caregivers see how intervention strategies can be developed

for aggressive youth and used in different environments. Includes a handy social skills chart for teaching pro-social skills.

ITEM NO. 45-017 \$19.95



## Teens - Social Skill Strategies

GRADES 7-12  
*Ester Leutenberg,  
Carol Butler, MS Ed, RN, C*

Teens consider social life and consciousness using interactive games, introspective drawing and writing, mock videos, role-plays, and more.

ITEM NO. 84-090 \$49.95



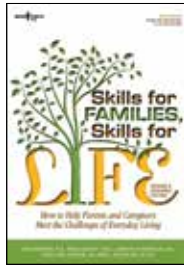
# Support for Every Parenting Stage

## Skills for Families, Skills for Life, 2<sup>nd</sup> Ed.

Amy Simpson, MA;  
Paula Kohrt, MED; et al.

Family practitioners and other professionals learn how to incorporate the teaching of life skills into the assessment of, and treatment planning for, high-risk families.

ITEM NO. 63-008 \$21.95

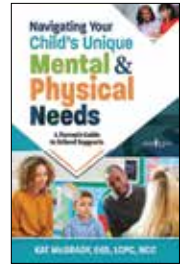


## Navigating Your Child's Unique Mental & Physical Needs

Kat McGrady, EdD, LCPC, NCC

In a tone that is encouraging and reassuring, this guide clears up the confusion and simplifies the complexities surrounding the special education system.

ITEM NO. 72-005 \$15.95



## Common Sense Parenting<sup>®</sup> of Toddlers and Preschoolers, 2<sup>nd</sup> Ed.

Bridget A. Barnes, MS,  
Steven M. York, MHD

Learn how to set reasonable expectations based on your child's age, development, and abilities; give your child the nurturing, love, and praise they need to thrive; and use a parent's version of "show and tell" to both prevent problems and correct misbehavior.

ITEM NO. 39-025  
\$15.95

Available in Spanish

La Crianza Práctica de los Niños Pequeños

ITEM NO. 39-026 \$15.95



## Common Sense Parenting<sup>®</sup>, 4<sup>th</sup> Ed.

Ray Burke, PhD, Ron Herron,  
Bridget A. Barnes, MS

Provides step-by-step advice that will help parents build good family relationships, prevent and correct misbehavior, use consequences to improve behavior, teach self-control, and stay calm.

ITEM NO. 39-027 \$15.95

Available in Spanish

La Crianza Práctica de los Hijos ITEM NO. 39-028 \$15.95

## Training Available!

Go to [LiftwithBoysTown.org](http://LiftwithBoysTown.org)



## Help! There's a Toddler in the House!

Thomas M. Reimers, PhD

Parents learn how to cope with and correct many of the most common behavioral problems that little ones demonstrate.

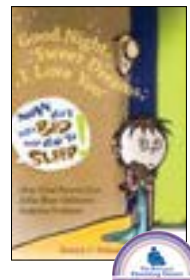
ITEM NO. 39-021 \$14.95

## Good Night, Sweet Dreams, I Love You: Now Get into Bed and Go to Sleep!

Patrick C. Friman, PhD

Outlines the problems related to bedtime for children and gives you advice and tips on how to handle them.

ITEM NO. 39-016 \$10.95



## Michael Garland's Stories

GRADES PreK-5

Written and Illustrated by Michael Garland

Michael Garland's stories use vivid illustrations and crisp sentences to teach and entertain children.

<b>Where's Rex?</b>	ITEM NO. 71-006	\$16.95	(Hardcover)
	ITEM NO. 71-005	\$11.95	(Softcover)
<b>Widgets Go Walking</b>	ITEM NO. 71-004	\$16.95	(Hardcover)
	ITEM NO. 71-003	\$11.95	(Softcover)
<b>Get Off My Lawn!</b>	ITEM NO. 71-001	\$10.95	
<b>Zombie Phone Kids</b>	ITEM NO. 71-002	\$10.95	

NY Times  
Bestselling Author  
& Illustrator



Downloadable Activities Available

## Nurturing Independence Book Series

Teach, encourage, and inspire middle school students to become more independent problem-solvers, decision-makers, and critical thinkers. *My Schoolwork Is a Mess!* is a Parent and Teacher's Choice Gold Medal winner!



*Jennifer Licate*  
Illustrated by *Suzanne Beaky*  
GRADES 4-8

### My Schoolwork Is a Mess!

Dakota's grades are sliding because he is missing assignments and easily distracted. Thankfully, his mom and school counselor help him adopt better study habits, reset his attitude, and embrace an effective homework routine.

### Downloadable Teacher and Counselor Activity Guide

14 activities

ITEM NO. DA-69-016 \$16.95



ITEM NO. 69-015 \$12.95



### Spacing Out!

GRADES K-5

*Stephie McCumbee,*  
Illustrated by *Lisa M. Griffin*

Tag along with Hunter as he learns the steps to "Completing a Task" and the value of finishing his school assignments on time.

ITEM NO. 51-005 \$10.95

Activity Guide Available



### The Garden in My Mind

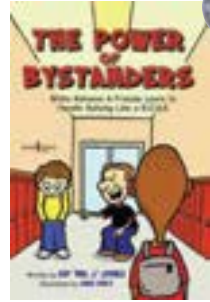
GRADES K-6

*Stephie McCumbee,*  
Illustrated by *Lisa M. Griffin*

Will Maci and Trey learn to "grow a beautiful garden" in their mind by taking responsibility for their actions and making better choices?

ITEM NO. 51-001 \$12.95

Activity Guide Available



### The Power of Bystanders

GRADES 3-8

*Kip Jones,*  
Illustrated by *Chad Isely*

Willie learns that, as a bystander, he can help stop the bullying by remembering to handle bullying like a **B.O.S.S.** - Bystanders hold the key, **O**pen your mouth, **S**tand up for others, and **S**tick together.

ITEM NO. 54-003 \$10.95

Downloadable Activities Available

## Stand Tall, Shine Bright



### Big Feelings

My Magical Mindset

See page 3



### Staying Positive

My Story by Vanessa & Me

See page 4

# Riveting Stories for Middle School

## Navigating Friendships Book Series

These quick-read chapter books, with corresponding activity guides, have relatable characters who are trying to navigate difficult middle school dilemmas – jealousies, insecurities, anxieties, confusing emotions, and changing friendships. Winner of Mom’s Choice and Counselor’s Choice awards!



BOOK SERIES

Jennifer Licate

Illustrated by Suzanne Beaky

GRADES 4-8



### Why Is He Spreading Rumors about Me?

Shines a light on the sense of alienation felt by those who are targets of gossip.

ITEM NO. 69-011 \$12.95

Teacher & Counselor Activity Guide  
ITEM NO. 69-012 \$19.95



### Faking Happiness, Feeling Sadness

Guidance for those struggling to understand their emotions.

ITEM NO. 69-013 \$12.95

Teacher & Counselor Activity Guide  
ITEM NO. 69-014 \$19.95



### Am I Weird?

A book about finding your place when you feel like you don't fit in

ITEM NO. 69-003 \$12.95

Teacher & Counselor Activity Guide  
ITEM NO. 69-004 \$19.95



### My Anxiety Is Messing Things Up

Gives readers a deeper understanding of how to manage their anxiety.

ITEM NO. 69-007 \$12.95

Teacher & Counselor Activity Guide  
ITEM NO. 69-008 \$19.95



### It's Not Just Teasing!

A book about the difference between teasing and bullying

ITEM NO. 69-001 \$12.95

Teacher & Counselor Activity Guide  
ITEM NO. 69-002 \$19.95



### Why Is Drama Always Following Me?

Highlights the dangers of repeatedly interrupting and fibbing to your friends.

ITEM NO. 69-009 \$12.95

Teacher & Counselor Activity Guide  
ITEM NO. 69-010 \$19.95



### I Lost My BFF

A book about jealousy and rejection within friendships

ITEM NO. 69-005 \$12.95

Teacher & Counselor Activity Guide  
ITEM NO. 69-006 \$19.95



### I'm Sick, but That's Not What Hurts

Helps young readers struggling to rebuild their relationships, find acceptance, and feel included.

ITEM NO. 69-017 \$12.95

Teacher & Counselor Activity Guide  
ITEM NO. 60-018 \$19.95

# Understanding Friendships and Reducing Worries

## I'm Sick, but That's Not What Hurts

GRADES 4-8

Jennifer Licate, Illustrated by Suzanne Beaky

When Han hears his cancer is in remission, he feels great relief and excitement about finally going back to school again and seeing his buddies. But the happy anticipation of getting back to his old routine comes with stress and worry. Will his classmates and teammates treat him differently or even want to hang out with him? Gripping and inspiring, this chapter book gives hope and assurance to any young reader struggling to rebuild their relationships, find acceptance, and feel included.

### Teacher & Counselor Activity Guide

This is a supplement to the *I'm Sick, but That's Not What Hurts* chapter book. This guide incorporates text from the story with probing questions and group activities to help readers reflect on how they can overcome their own anxieties, insecurities, and uncertainties.

ITEM NO. 69-018 \$19.95



ITEM NO. 69-017 \$12.95



### Navigating Friendships Counselor Library Set

Each activity guide pairs text from the story with probing questions and creative activities to engage students in meaningful discussions about friendship and social communication skills.

ITEM NO. 69-5NF-CL16 \$205.00

(Includes eight chapter books and eight corresponding activity guides.)

**Bundle and SAVE!**  
When you purchase the bundle  
of 8 chapter books

ITEM NO. 69-5NF8 \$88.00

### Managing Sadness GRADES K-6

A story and activities to empower children

Bryan Smith, Illustrated by Lisa M. Griffin

This inspiring story, coupled with encouraging activities, empowers children with skills and strategies to transform their thinking and change the way they feel.

ITEM NO. 56-030

\$14.95

Downloadable  
Activities Available



# Embracing Joy, Hope, and Love

## Holly's Choice Book Series

A spirited young girl learns to embrace life with more joy, hope, and love!

**Gina Prosch**  
Illustrated by Kyle Merriman  
GRADES PreK-5



### Love! It's SHOW and Tell

Gina Prosch, Illustrated by Kyle Merriman

Mom teaches Holly an important lesson about how to put words of love into action.

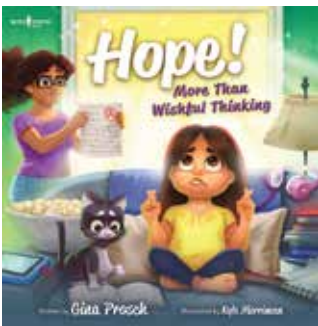
ITEM NO. 65-003 \$11.95

Downloadable Activities Available



"Gina Prosch has created a wonderful story that not only entertains but educates kids on the importance of backing up their words with actions."

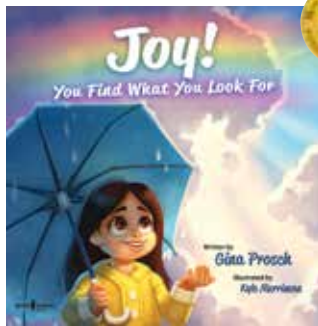
~ Charles Gramlich, PhD, Professor of Psychology



### Hope! More Than Wishful Thinking

ITEM NO. 65-002 \$11.95

Downloadable Activities Available



### Joy! You Find What You Look For

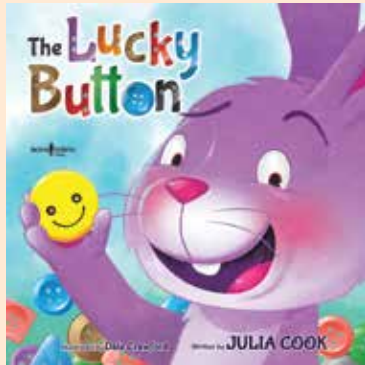
ITEM NO. 65-001 \$11.95

Downloadable Activity Journal Available





BOOK SERIES



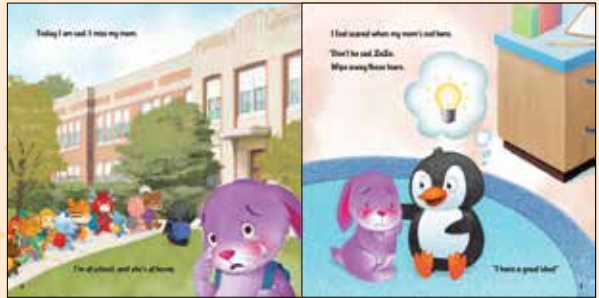
## The Lucky Button

GRADES PreK-4

*Julia Cook, Illustrated by Dale Crawford*

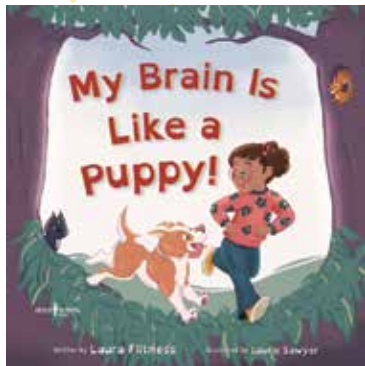
ZoZo Bunny is struggling with separation anxiety at school. She doesn't know how to make herself feel safe or secure whenever her mom isn't by her side. Luckily for ZoZo, the kind-hearted Pudgy Penguin offers to share his bag of special buttons with her. ZoZo finds a lucky button that will reassure her that Mom is always close to her heart, and ZoZo can be brave, strong, and kind all on her own!

ITEM NO. 55-062 \$11.95



“This is a really approachable story about separation anxiety and how to deal with it. This would be a great addition to daycares, preschools and kindergarten classrooms!”

~Amanda C., Verified Reviewer



## My Brain Is Like a Puppy!

GRADES PreK-4

*Laura Filtness, Illustrated by Laurie Sawyer*

After years of begging and pleading, Brooklyn gets the puppy she's always wanted. When the two go to puppy training school, it's the beginning of a heartwarming journey that teaches them both the important lessons about how to persevere, be more patient, and calm the mind.

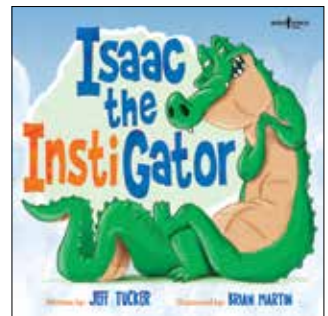
ITEM NO. 77-001 \$11.95

[Downloadable Activities Available](#)

“My Brain Is Like a Puppy! is a beautiful, fun depiction of what is happening inside the brain of my own child, but also the brains of many of my students!

This story is a wonderful tool to help explain to kids, teachers, and parents what it's like when someone has difficulty slowing their brain down. The follow-up strategies are so helpful, and they are very practical for use in various settings!”

~ Emily Fain-Lynch, MA, LSC, School Counselor and Parent of child with ADHD



## Isaac the InstiGator

GRADES PreK-5

*Jeff Tucker, Illustrated by Brian Martin*

Isaac the alligator is jealous, so he intentionally stirs up trouble. This delightful tale delivers a valuable message about trust, deception, forgiveness, and friendship.

ITEM NO. 68-003 \$10.95

[Downloadable Activities Available](#)



BOOK SERIES

Jeff Tucker

Illustrated by Miranda Morrissey

GRADES K-5

## Chicorée Elementary Stories for Success Book Series

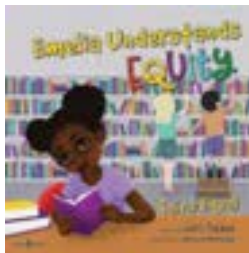
Using true-to-life situations, kids discover how they can make better choices and be more courageous and compassionate.



### When Sophie's Sorry Wasn't Enough

Sophie learns that a true apology requires you to acknowledge the wrongdoing, express remorse, and work hard to repair the harm.

ITEM NO. 68-005 \$11.95



### Emelia Understands Equity

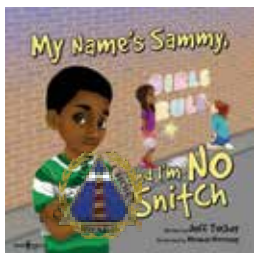
Fair Doesn't Always Mean Equal

ITEM NO. 68-002 \$10.95



Downloadable Activities Available

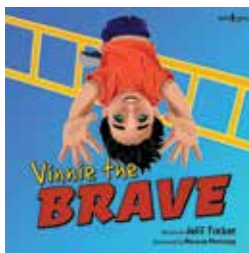
Downloadable Activities Available



### My Name's Sammy, and I'm No Snitch

A riveting tale that teaches young children the difference between snitching and reporting.

ITEM NO. 68-001 \$10.95



### Vinnie the Brave

Young readers learn how to build their confidence, speak up, and ask for what they need.

ITEM NO. 68-004 \$11.95

Downloadable Activities Available

Downloadable Activities Available

## Self-Management Book Series

The *Self-Management* and *Me* series focuses on helping students in Grades 1-6 learn how to regulate their thoughts, behaviors, and emotions.

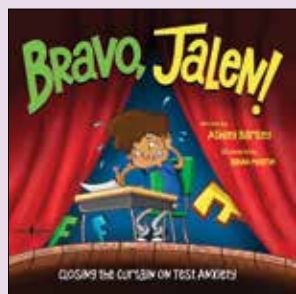


BOOK SERIES

Ashley Bartley

Illustrated by Brian Martin

GRADES 1-6



### Bravo, Jalen!

Closing the curtain on test anxiety

Jalen feels so much test anxiety, he procrastinates and avoids doing much preparation. But with a friend's help, he learns the best way to tackle his test anxiety is by being **SHARP** – **S**ome worry is ok; **H**ave all your materials; **A**sk for help if you need it; **R**elax; and **P**ractice!

ITEM NO. 67-006 \$11.95

Downloadable Activities Available

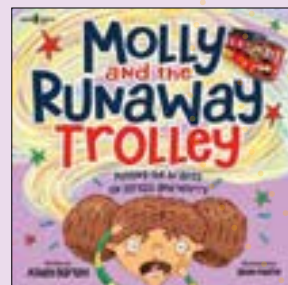


### Molly and the Runaway Trolley

Putting the brakes on stress and worry

As Molly's stress and anxiety accelerate, she learns how to pull the brakes before her ride comes to a disastrous end.

Downloadable Activities Available

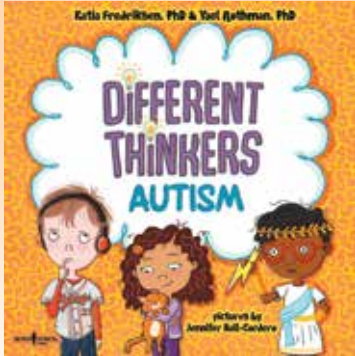


ITEM NO. 67-005 \$11.95

## Different Thinkers Book Series

Books to guide, nurture, and support neurodivergent children and their families as they work toward their life goals.

**Katia Fredriksen, PhD, and  
Yael Rothman, PhD**  
Illustrated by Jennifer Ball-Cordero  
GRADES 1-6



### Different Thinkers: Autism

A child-centered guide that explains autism and highlights the gifts of being neurodivergent. Using simple language, *Different Thinkers: Autism* offers an accessible and uplifting message about what it means to have autism, how autism affects emotions and behaviors, and what children can do to manage any challenges while building on their individual strengths.



“This book is a valuable and original way for autistic children to learn about their gifts and challenges. The authors have produced a beautiful book for parents and others to enjoy reading with an autistic child, to celebrate their differences.”

~ Professor Sir Simon Baron-Cohen, FBA, FMedSci, FRSM Fellow, Trinity College, Cambridge, Director of the Autism Research Centre

ITEM NO. 75-003 \$14.95

Downloadable Activities Available



SCAN to Shop

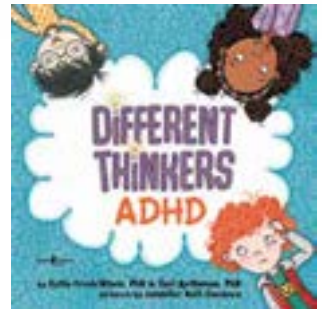
### Different Thinkers: ADHD

Three vignettes of children with ADHD highlight how to manage behavioral challenges while celebrating the unique advantages to being a different thinker.



Softcover ITEM NO. 75-001 \$14.95  
Hardcover ITEM NO. 75-002 \$17.95

Downloadable Activities Available



### Uniquely Wired GRADES K-5

A Story about Autism and Its Gifts  
*Julia Cook, Illustrated by Anita DuFalla*  
Zak has autism, so he sometimes responds to the world around him in unconventional ways. Parents, teachers, and counselors can use this book to help teach kids valuable lessons about patience, tolerance, and understanding.

ITEM NO. 55-045 \$11.95

Downloadable Activities Available

### Winner of Multiple Awards!



# Showcasing Social and Emotional Learning

## Freddie the Fly Book Series

Written by a speech-language pathologist, this book series teaches kids important but difficult social skills, such as listening, staying focused, and understanding others.



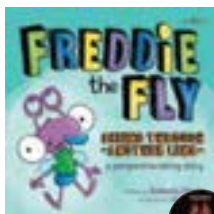
**Kimberly Delude**  
Illustrated by **Brian Martin**  
GRADES K-5

### Bundle and SAVE!

When you purchase the bundle of 7 storybooks.

ITEM NO. 59-5FRED7 \$68.50

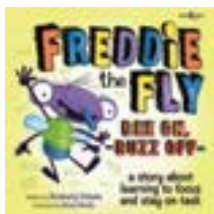
Reviewed by Licensed  
Mental Health Therapists  
for Recognition of  
Quality in the Field



### Freddie the Fly: Seeing Through Another Lens

A perspective-taking story

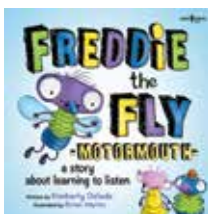
ITEM NO. 59-007 \$11.95



### Freddie the Fly: Bee On, Buzz Off

A story about learning to  
focus and stay on task

ITEM NO. 59-003 \$11.95



### Freddie the Fly: Motermouth

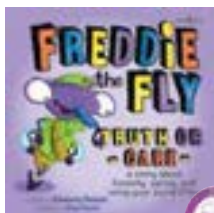
A story about learning  
to listen

ITEM NO. 59-001 \$11.95



**Each storybook has a corresponding bundle of downloadable activities.**

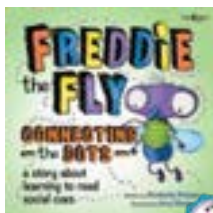
Go to [BoysTownPress.org](http://BoysTownPress.org).



### Freddie the Fly: Truth or Dare

A story about honesty,  
caring, and using your  
social filter

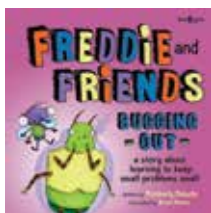
ITEM NO. 59-005 \$10.95



### Freddie the Fly: Connecting the Dots

A story about learning  
to read social cues

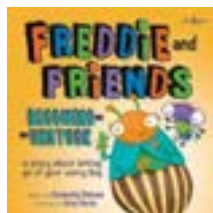
ITEM NO. 59-002 \$11.95



### Freddie and Friends: Bugging Out

A story about learning to  
keep small problems small

ITEM NO. 59-006 \$10.95

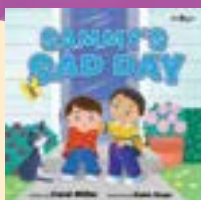


### Freddie and Friends: Becoming Unstuck

A story about letting go  
of your worry bug

ITEM NO. 59-004 \$10.95

## Calming Down



### Coping with Sadness

Sammy's Sad Day

See page 3



### Staying Positive

Calming Cards

See page 7

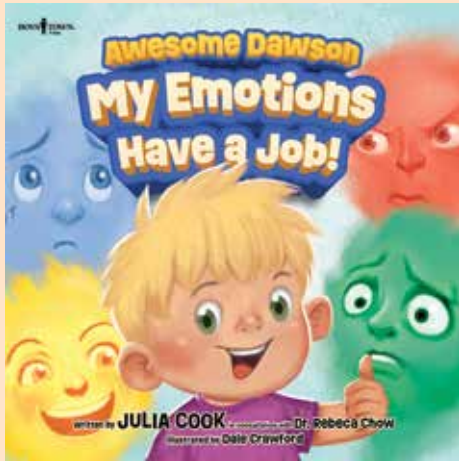
# Naming and Taming Big Feelings

## Awesome Dawson Book Series

A lovable little guy learns to recognize and process his big emotions.



**Julia Cook**  
Illustrated by Dale Crawford  
and Anna Laura Sullivan  
GRADES PreK-5



### Awesome Dawson: My Emotions Have a Job!

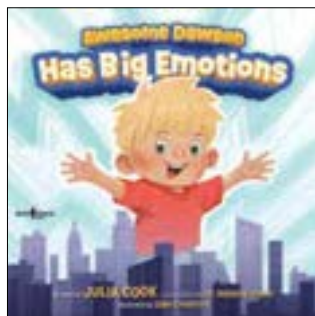
*Julia Cook in Consultation with Dr. Rebeca Chow*

Will Dawson remember how to use his big feelings in positive, healthy ways when he visits the zoo? Or will he let his emotions run wild in awkward and reckless ways?



ITEM NO. 55-061 \$11.95

“The Awesome Dawson character provides children with a way to visualize and conceptualize how to manage very powerful emotions. Parents and children can experience these powerful emotions as they journey with Dawson through the challenges of everyday life. Skillfully crafted by Cook, Dawson is able to give life to these feelings in a way that promotes understanding and reduces externalization. Children and parents can vividly see their own experiences validated in ways that support meaningful discussion. A must-read for every child who struggles with managing big emotions!” ~ Tiffany Arrington, PhD, School Psychologist



### Awesome Dawson Has Big Emotions

Dawson has lots of gigantic emotions. Follow along as he learns to harness his emotions in a safe, healthy way.

ITEM NO. 55-060 \$11.95

### My Little Squishy

Fun-to-squeeze stretchy, flexible sensory fidget. Approx. 4" tall, stretchy toy

ITEM NO. ST-901 \$4.95



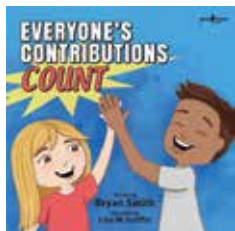
### Awesome Dawson: It's Not Your Turn!

Can Dawson show others how awesome he is by learning to be more patient?

ITEM NO. 55-057 \$11.95

## Without Limits Book Series

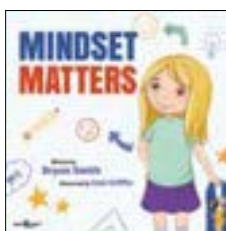
Young readers learn how to be more giving, more understanding, and more resilient!



### Everyone's Contributions Count

Amelia learns to recognize and accept the contributions of others.

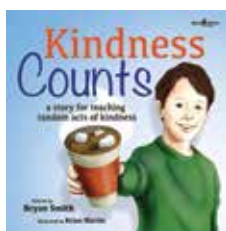
ITEM NO. 56-020 \$10.95



### Mindset Matters

Amelia discovers problems can be opportunities to learn and grow.

ITEM NO. 56-008 \$10.95



### Kindness Counts

A story for teaching random acts of kindness.

ITEM NO. 56-007 \$11.95



BOOK SERIES

Bryan Smith

Illustrated by Lisa M. Griffin

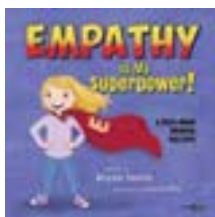
GRADES K-6



### Stress Stinks

A story to help kids reframe their thinking to handle stress.

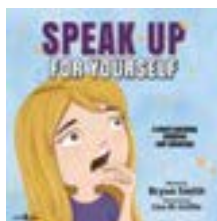
ITEM NO. 56-018 \$10.95



### Empathy Is My Superpower!

A story about showing you care.

ITEM NO. 56-013 \$10.95



### Speak Up for Yourself

A story teaching children self-advocacy.

ITEM NO. 56-024 \$11.95

**Download** All storybooks have a corresponding bundle of downloadable activities.

Go to [BoysTownPress.org](http://BoysTownPress.org).

## Social Strategies Book Series

*Social Strategies* is a storybook series that showcases important skills young children need for success in the classroom and beyond.



ITEM NO. 56-027 \$11.95

**Downloadable Activities Available**

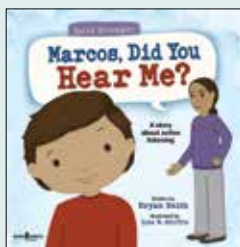
### All about Sharing

Marcos and Lili squabble over everything. Follow along as they learn to negotiate, compromise, and take turns.

Bryan Smith  
Illustrated by Lisa M. Griffin  
GRADES PreK-5



BOOK SERIES



ITEM NO. 56-029 \$11.95

**Downloadable Activities Available**

### Marcos, Did You Hear Me?

A story about active listening

Marcos learns to give his full attention to his teachers, parents, and friends when they are speaking.

# Supercharging Executive Function Skills

## Executive FUNction Book Series

Stories that teach children how to plan, organize, manage time, and maintain self-control!



**Bryan Smith**

*Illustrated by Lisa M. Griffin*

GRADES K-5



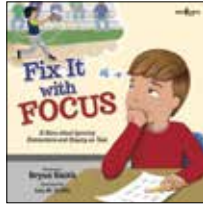
Reviewed by Licensed  
Mental Health Therapists  
for Recognition of Quality  
in the Field



### **How Do I Remember All That?**

A Story to Improve Working Memory

ITEM NO. 56-023 \$11.95



### **Fix It with Focus**

A Story about Ignoring Distractions and Staying on Task

ITEM NO. 56-022 \$11.95

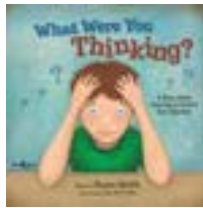
**Bundle and SAVE!**  
When you purchase the bundle of 10 storybooks.  
ITEM NO. 56-5EF10 \$99.00



### **It Was Just Right Here!**

A Story to Show Organization Is Important

ITEM NO. 56-010 \$11.95



### **What Were You Thinking?**

A Story about Learning to Control Your Impulses

ITEM NO. 56-005 \$11.95



### **I'll NEVER Get All of That Done!**

A Story about Planning and Prioritizing

ITEM NO. 56-019 \$11.95



### **Of Course It's a Big Deal!**

A Story about Learning to React Calmly and Appropriately

ITEM NO. 56-011 \$11.95



**Each storybook has a corresponding bundle of downloadable activities.**

Go to [BoysTownPress.org](http://BoysTownPress.org).



### **Time to GET Started**

A Story about Learning to Take Initiative

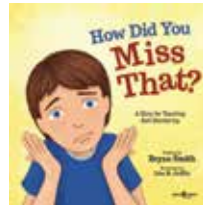
ITEM NO. 56-014 \$11.95



### **My Day Is Ruined!**

A Story for Teaching Flexible Thinking

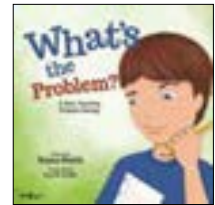
ITEM NO. 56-009 \$11.95



### **How Did You Miss That?**

A Story for Teaching Self-Monitoring

ITEM NO. 56-017 \$11.95



### **What's the Problem?**

A Story Teaching Problem Solving

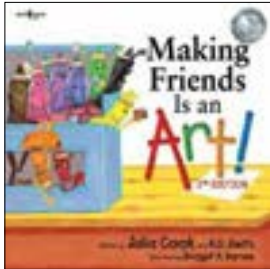
ITEM NO. 56-016 \$10.95

## Building Relationships Book Series

This series helps children learn, understand, and develop good relationship skills with their peers, parents, and teachers. Each book focuses on a specific theme to help kids succeed.



**Julia Cook**  
GRADES K-6



### Making Friends Is an Art! 2<sup>nd</sup> Ed.

Readers learn that to make friends, they should share their special talents, like listening and being trustworthy, honest, and kind.

ITEM NO. 55-052 \$11.95

“... my absolute favorite book about friendship. The main lesson of this book is that ‘To have good friends, you need to be a good friend.’ The author also points out that ‘you can’t expect [others] to like you if you don’t like yourself.’”

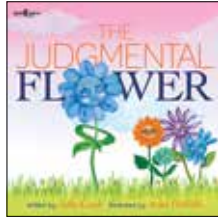
~ Heather, Blogger at [schoolcounselingconnections.com](http://schoolcounselingconnections.com)



### Rumor Has It...

Children will laugh as they learn how a simple misunderstanding can become a giant rumor that’s hard to stop.

ITEM NO. 55-046 \$11.95



### The Judgmental Flower

A beautiful story about diversity and prejudice comes to life inside a flower bed.

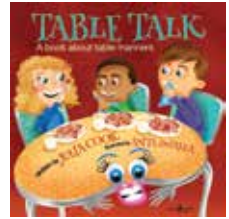
ITEM NO. 55-041 \$10.95



### I Want to Be the Only Dog

These adorable pooches show children that siblings are a gift, even if they don’t always get along.

ITEM NO. 55-038 \$11.95



### Table Talk

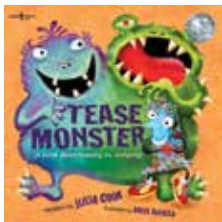
Kids learn that good table manners are about being respectful, kind, and considerate of others.

ITEM NO. 55-039 \$11.95



*This award-winning series helps kids in grades K-6 get along with each other.*

**Bundle and SAVE!**  
When you purchase the bundle of 9 storybooks.  
ITEM NO 55-5BR9 \$90.00



### Tease Monster

Kids learn the difference between bullying and teasing.

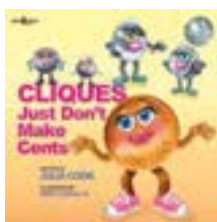
ITEM NO. 55-023 \$11.95



### Hygiene... You Stink!

In this fun tale, young readers learn the importance of bathing and brushing to improve their health and relationships.

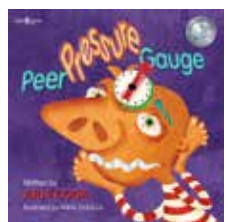
ITEM NO. 55-031 \$11.95



### Cliques Just Don’t Make Cents

Penny coin usually feels left out until Dollar coin shows her how special and valuable she really is.

ITEM NO. 55-019 \$11.95



### Peer Pressure Gauge

Kids will enjoy this imaginative story as they learn the skills necessary to triumph over peer pressure.

ITEM NO. 55-024 \$11.95

## BEST ME I Can Be! Book Series

Mom's Choice Awards Gold winner! All seven storybooks feature RJ, a friendly, yet flawed, young boy who struggles to use his social skills. Popular with children and adults, this series is enhanced by skill posters and teacher activity guides, each filled with classroom-friendly lessons to reinforce the skills featured in each story.

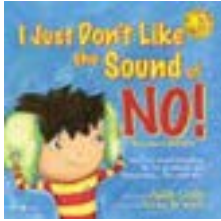


BOOK SERIES

**Julia Cook**  
Illustrated by  
**Kelsey De Weerd**  
GRADES K-6



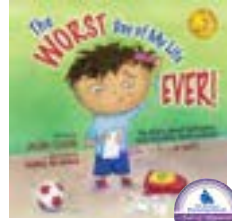
 **Each storybook has a corresponding Activity Guide and two posters.**



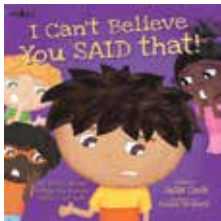
**I Just Don't Like the Sound of NO!**  
My story about accepting 'no' for an answer and disagreeing... the right way!  
ITEM NO. 55-008 \$11.95



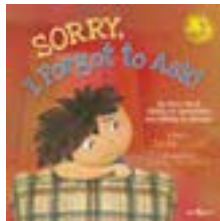
**THANKS for the FEEDBACK... (I think?)**  
My story about accepting criticism and compliments... the right way!  
ITEM NO. 55-025 \$11.95



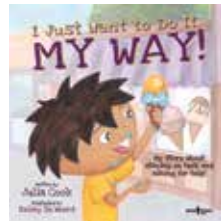
**The WORST Day of My Life EVER!**  
My story about listening and following instructions (... or not!)  
ITEM NO. 55-005 \$11.95



**I Can't Believe You SAID That!**  
My story about using my social filter... or not!  
ITEM NO. 55-032 \$11.95



**SORRY, I forgot to Ask!**  
My story about asking for permission and making an apology!  
ITEM NO. 55-011 \$11.95



**I Just Want to Do It MY WAY!**  
My story about staying on task and asking for help!  
ITEM NO. 55-020 \$11.95



**Teamwork Isn't My Thing, and I Don't Like to Share!**  
ITEM NO. 55-016 \$11.95

### Bundle and SAVE!

When you purchase the bundle of 7 storybooks.  
ITEM NO 55-5R7J \$68.50

### BEST ME I Can Be! School Library Set

Each library set includes one copy of all seven storybooks, one copy of the seven activity guides, and one set of all 14 posters from the BEST ME I Can Be! series.

School Library Set  
ITEM NO. 55-555 \$220.00



# Becoming a Leader and Your Best Self



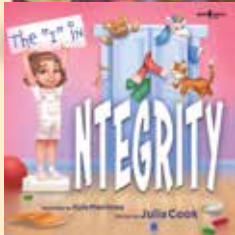
## The Leader I'll Be! Book Series

The *Leader I'll Be!* book series teaches children how to use collaboration, creativity, and compromise to positively influence others.



**Julia Cook**

*Illustrated by Kyle Merriman*  
GRADES K-5



**The "I" in Integrity**  
ITEM NO. 55-054 \$11.95



**It's My Way or the Highway**  
ITEM NO. 55-048 \$11.95



**Good Things Come to Those Who Wait**  
ITEM NO. 55-055 \$11.95



**The Great Compromise**  
ITEM NO. 55-049 \$10.95

## Socially Skilled Kids Book Series

A book series focused on childhood friendships, finding your place, advocating for yourself, and being true to who you are.

**Julia Cook**

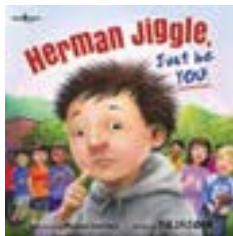
*Illustrated by Michael Garland*  
GRADES PreK-5



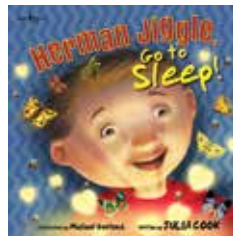
BOOK SERIES



**Herman Jiggle, It's RECESS not RESTRESS!**  
ITEM NO. 55-056 \$10.95



**Herman Jiggle, Just Be YOU!**  
ITEM NO. 55-058 \$11.95



**Herman Jiggle, Go to Sleep!**  
ITEM NO. 55-053 \$10.95



**Herman Jiggle, Say Hello!**  
How to talk to people when your words get stuck.

ITEM NO. 55-051 \$11.95



# Learning to Shine in Social Situations

## Gabe's Stories Book Series

Gabe shows young readers simple ways they can stay calm, be more patient, and get along with others.

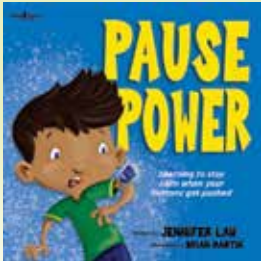
Jennifer Law  
Illustrated by Brian Martin  
GRADES K-5



### Bundle and SAVE!

When you purchase the bundle of 5 storybooks.

ITEM NO. 66-5GABE5 \$49.50

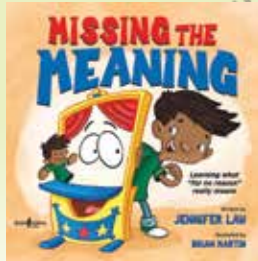


### Pause Power

Learning to stay calm when your buttons get pushed

Young readers learn to pause when they are upset, so they can calm down, reset their mindset, and stop losing control.

ITEM NO. 66-001 \$11.95



### Missing the Meaning

Learning what "for no reason" really means

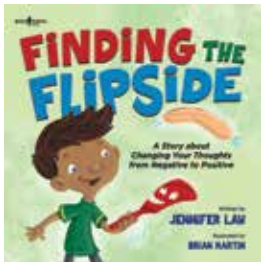
Shows young readers how to uncover the reasons behind why people say what they say and do what they do.

ITEM NO. 66-005 \$11.95



 Each storybook has a corresponding bundle of downloadable activities.

Go to [BoysTownPress.org](http://BoysTownPress.org).



### Finding the Flipside

A Story about Changing Your Thoughts from Negative to Positive

A hope-filled story that highlights the power of using positive thoughts when you're feeling down.

ITEM NO. 66-004 \$11.95

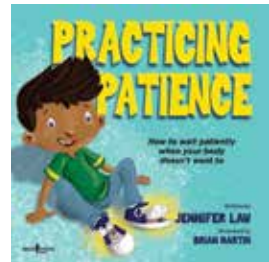


### Rest to Recharge

A Story about the Importance of Sleep

A light-hearted tale about the power of sleep to energize and rejuvenate the body and the mind.

ITEM NO. 66-003 \$10.95



### Practicing Patience

How to wait patiently when your body doesn't want to

Kids will relate to Gabe's struggles and can use the tips to practice patience in school and at home.

ITEM NO. 66-002 \$11.95

**DID YOU KNOW** that every penny earned above the operating costs of Boys Town Press goes back into the care of at-risk children, families, and communities?



Go to [BoysTownPress.org](http://BoysTownPress.org) to order or learn more about our books today!

# Making Good Choices and Being Patient

## Stepping Up Social Skills Book Series

Stepping Up Social Skills book series teaches young readers about self-reliance, self-control, and responsibility.



BOOK SERIES

Bryan Smith

Illustrated by Lisa M. Griffin

GRADES K-5

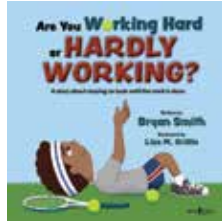


### But I Need Your Help Now!

A story teaching how to get an adult's attention, and when it's okay to interrupt

ITEM NO. 56-021 \$11.95

Downloadable Activities Available



### Are You Working Hard or Hardly Working?

A story about staying on task until the work is done

ITEM NO. 56-026 \$10.95

Downloadable Activities Available

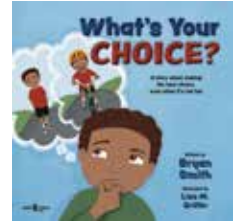


### That's Wrong!

A story about learning to disagree appropriately

ITEM NO. 56-028 \$11.95

Downloadable Activities Available



### What's Your Choice?

A story about making the best choice, even when it's not fun

ITEM NO. 56-025 \$11.95

Downloadable Activities Available



### Learning to Get Along Picture Books

GRADES PreK-3

Cheri J. Meiners, MEd

These 14 colorful books are wonderful resources for teaching social skills to young children (ages 4-8). Each book also includes a special section for adults that suggests ways to reinforce the ideas and skills being taught.

\$11.95 each

Be Polite and Kind

Join In and Play

Respect and Take Care of Things

Try and Stick with It

When I Feel Afraid

Understand and Care

Listen and Learn

Share and Take Turns

Know and Follow Rules

Talk and Work It Out

Reach Out and Give

Be Careful and Stay Safe

Be Honest and Tell the Truth

Cool Down and Work Through Anger

### Bundle and SAVE!

When you purchase the bundle of 14 storybooks.

ITEM NO. 87-514 \$149.95

# Being Responsible, Respectful, and Trustworthy

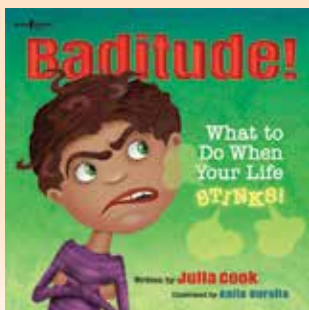
## Responsible ME! Book Series

The series centers around Noodle, a lovable and relatable kid who's good at finding trouble but needs help learning skills like following rules, accepting responsibility, and reframing stinking thinking!



BOOK  
SERIES

Julia Cook  
Illustrated by Anita DuFalla  
GRADES K-6



### Baditude!

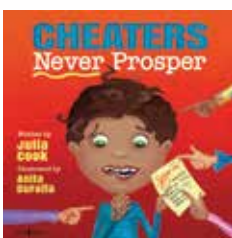
What to Do When Your Life Stinks!

ITEM NO. 55-037 \$11.95



### But It's Not My Fault

ITEM NO. 55-036 \$11.95



### Cheaters Never Prosper

ITEM NO. 55-042 \$11.95



### That Rule Doesn't Apply to Me!

ITEM NO. 55-040 \$11.95



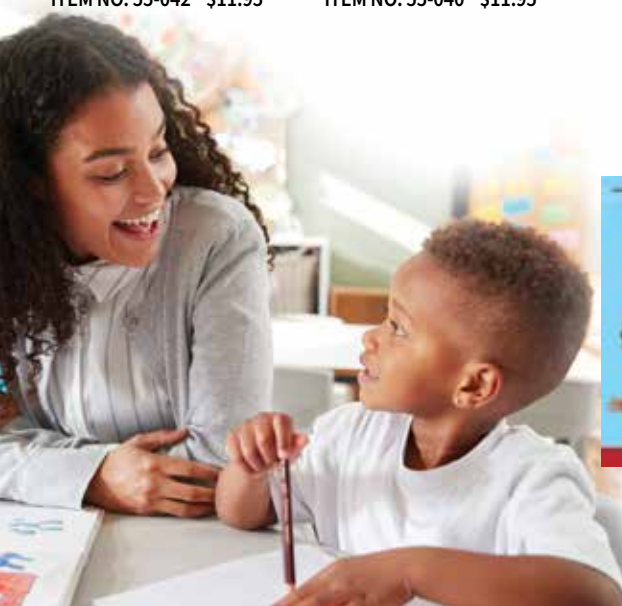
### The PROcrastinator

ITEM NO. 55-043 \$11.95



### What's in It for Me?

ITEM NO. 55-047 \$10.95



### Bundle and SAVE!

When you purchase the bundle of 6 storybooks.

ITEM NO. 55-515 \$59.95



### Responsible ME! Teacher Activity Guide

These 25 lessons will help educators and school counselors reinforce the skills taught in each book. Activities cover all six titles in the series.

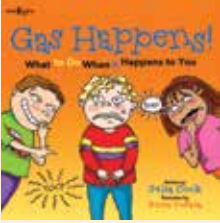
ITEM NO. 55-050 \$22.95

## Communicate with Confidence Book Series

A book series to help kids master the art of communicating.

**Julia Cook**  
Illustrated by **Anita DuFalla**  
GRADES K-6

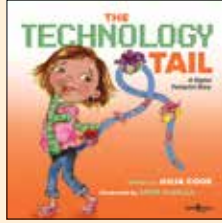
**COMMUNICATE**  
with **Confidence**  
BOOK SERIES



### Gas Happens! What to Do When It Happens to You

Gus and his classmates learn why we all pass gas, and how to handle it when we do.

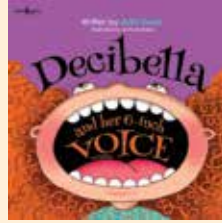
ITEM NO. 55-035 \$10.95



### The Technology Tail A Digital Footprint Story

Kids learn that everything they post creates a digital tail that cannot be erased.

ITEM NO. 55-044 \$11.95



### Decibella and Her 6-Inch Voice, 2<sup>nd</sup> Ed.

Decibella learns that different situations sometimes demand a softer, quieter voice.

ITEM NO. 55-059 \$11.95



### Well, I Can Top That!

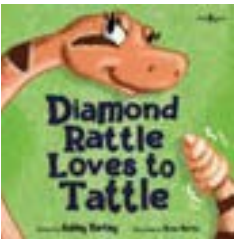
Children will get a kick out of Brad's tall tales as he learns the difference between a "pull-upper" and a "one-upper."

ITEM NO. 55-029 \$11.95

## Diamond, Opal, & Friends Book Series

This engaging series of children's books helps parents and educators teach children about self-care, self-control, and self-determination.

**Ashley Bartley**  
Illustrated by **Brian Martin**  
GRADES PreK-5

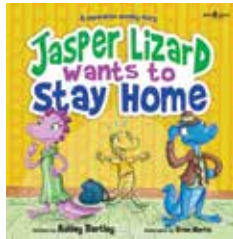


### Diamond Rattle Loves to Tattle

Can Diamond the snake learn the difference between tattling and telling, and why telling keeps others safe, while tattling isn't necessary?

ITEM NO. 67-001 \$11.95

Downloadable  
Activities Available

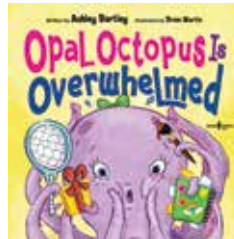


### Jasper Lizard Wants to Stay Home

A separation anxiety story  
The longer Jasper is gone from school, the more he worries. With help, he learns how to ease his anxieties and return to class.

ITEM NO. 67-004 \$11.95

Downloadable  
Activities Available



### Opal Octopus Is Overwhelmed

With her energy draining and worry building, Opal needs to **RESET** – Rest, Eat healthy, Say no more often, Exercise, and Take time for herself.

ITEM NO. 67-002 \$10.95

Downloadable  
Activities Available

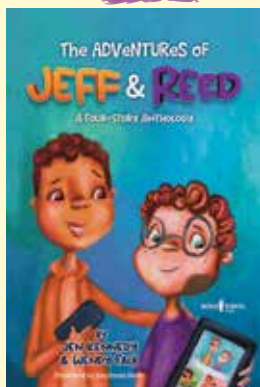


### Remi in Overdrive

Will Remi ever learn to slow down and calm himself long enough to get organized, stay focused, and find success?

ITEM NO. 67-003 \$10.95

Downloadable  
Activities Available



## The Adventures of Jeff & Reed: A Four-Story Anthology

GRADES 4-8

*Jen Kennedy and Wendy Falk, Illustrated by Stephanie Hider*

When Jeff and Reed are paired together in a class assignment, it's the beginning of a friendship journey that will challenge, surprise, and reward them. This anthology offers valuable lessons about self-respect, courage, loyalty, and true friendship.

ITEM NO. 74-001 \$14.95

## The Pirate and The Ink Blot Downloadable Activity Guide

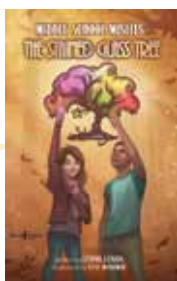
ITEM NO. DA-74-011 \$7.95

## Reed's Rant Downloadable Activity Guide

ITEM NO. DA-74-012 \$12.95

## Middle Ground Downloadable Activity Guide

ITEM NO. DA-74-013 \$12.95



## Middle School Misfits: The Stained Glass Tree

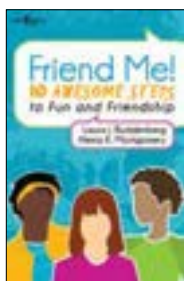
GRADES 4-8

*Leona Lujan, Illustrated by Kyle Merriman*

Independent readers and middle school students will relate to the challenges and joys that Jilly and her schoolmates experience in this timeless tale about facing your fears and making new friends.

ITEM NO. 64-001 \$8.95

Activity Guide Available



## Friend Me!

GRADES 3-8

*Laura Buddenberg, MS, Alesia K. Montgomery, MS*

This pocket guide for children ages 10-13 helps them look at their relationships and make healthy decisions. Readers will find 10 rules for making and keeping friends, and 10 friendship skills for getting along with anyone.

ITEM NO. 25-020 \$9.95



## Owning My Space

A Teen's Guide to Physical, Emotional, and Digital Boundaries  
GRADES 6-10

*Stan Graeve, MA, editor*

The ultimate guide for teens to understand boundaries, why they matter, and how to set them with confidence. Through real-life examples and hands-on activities, teens learn to stay true to themselves and navigate today's world with strength and self-respect.

ITEM NO. 25-023 \$12.95



## The Good, the Bad, and the Backstory

GRADES 4-8

*Melissa Minery, Illustrated by Stephanie Hider*

An unflinching look at how a child's backstory – family life, values, beliefs, triumphs, and tragedies – influences their actions.

ITEM NO. 70-001 \$9.95

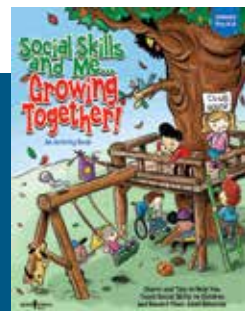
## Social Skills and Me... Growing Together!

GRADES PreK-6

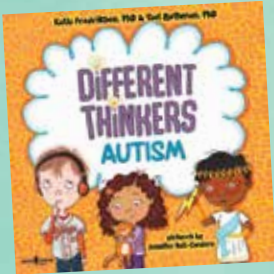
Use the skill charts in this guide to make social skill learning and practice lots of fun for kids. The playful illustrations combined with the coloring activities will keep kids entertained and motivated.



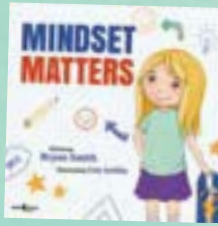
ITEM NO. 45-023 \$7.95



# ADHD, Autism, and Positive Mindset



**Different Thinkers: Autism**  
75-003



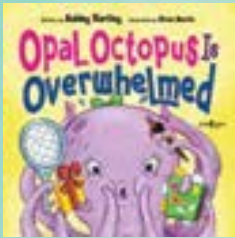
**Mindset Matters**  
56-008



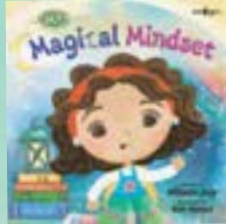
**Bravo, Jalen!**  
67-006



**Uniquely Wired**  
54-045



**Opal Octopus Is Overwhelmed**  
67-002



**My Magical Mindset**  
78-001



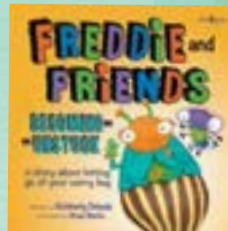
**JOY! You Find What You Look For**  
65-001



**Stress Stinks**  
56-018



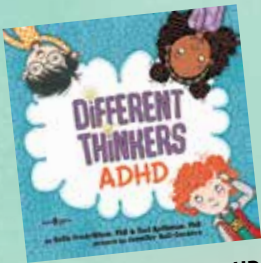
**Missing the Meaning**  
66-005



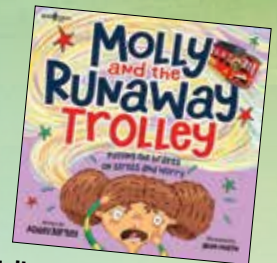
**Freddie and Friends: Becoming Unstuck**  
59-004



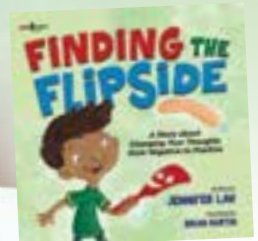
**Vinnie the Brave**  
68-004



**Different Thinkers: ADHD**  
75-001



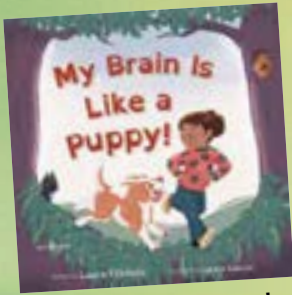
**Molly and the Runaway Trolley**  
67-005



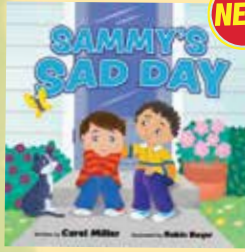
**Finding the Flipside**  
66-004



# Worry, Anxiety, and Being Responsible



**My Brain Is Like a Puppy!**  
77-001



**Sammy's Sad Day**  
79-001

**NEW**

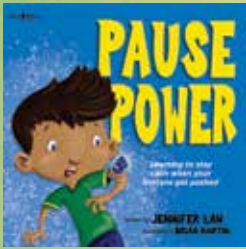


**Faking Happiness,  
Feeling Sadness**  
69-013



**Owning My Space**  
25-023

**NEW**



**Pause Power**  
66-001



**I'm Sick, but That's  
Not What Hurts**  
69-017



**Managing Sadness**  
56-030



**Remi in Overdrive**  
67-003



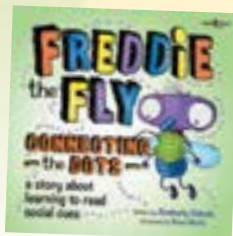
**Isaac the InstiGator**  
68-003



**The Lucky Button**  
55-062



**My Anxiety Is  
Messing Things Up**  
69-007



**Freddie the Fly:  
Connecting the Dots**  
59-002



**Awesome Dawson:  
My Emotions Have a Job!**  
55-061



**My Story by Vanessa & Me**  
66-006

**NEW**



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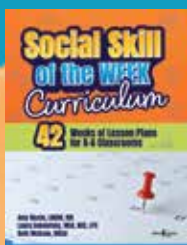


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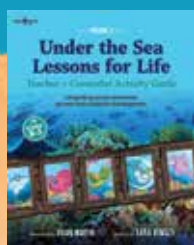
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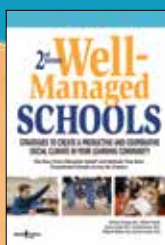
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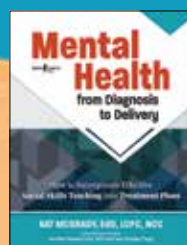
**Social Skill of the Week Curriculum**  
48-019



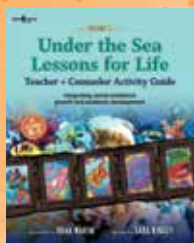
**Under the Sea Lessons for Life, Vol. 1**  
76-001



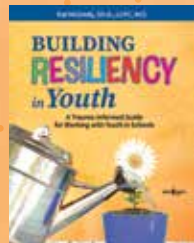
**Well-Managed Schools, 2nd Ed.**  
48-018



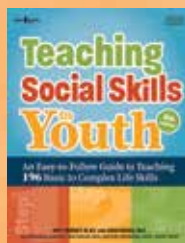
**Mental Health from Diagnosis to Delivery**  
72-004



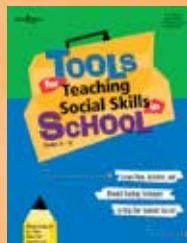
**Under the Sea Lessons for Life, Vol. 2**  
76-002



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72-001



**Teaching Social Skills to Youth, 4th Ed.**  
45-022



**Tools for Teaching Social Skills in School**  
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