

For Jeff. ~ Kim

BOYS TOWN[®]
Press

Boys Town, Nebraska

FREDDIE and FRIENDS



BUGGING - OUT -

a story about
learning to keep
small problems small

Written by **Kimberly Delude**
Illustrated by **Brian Martin**

Freddie and Friends: Bugging Out

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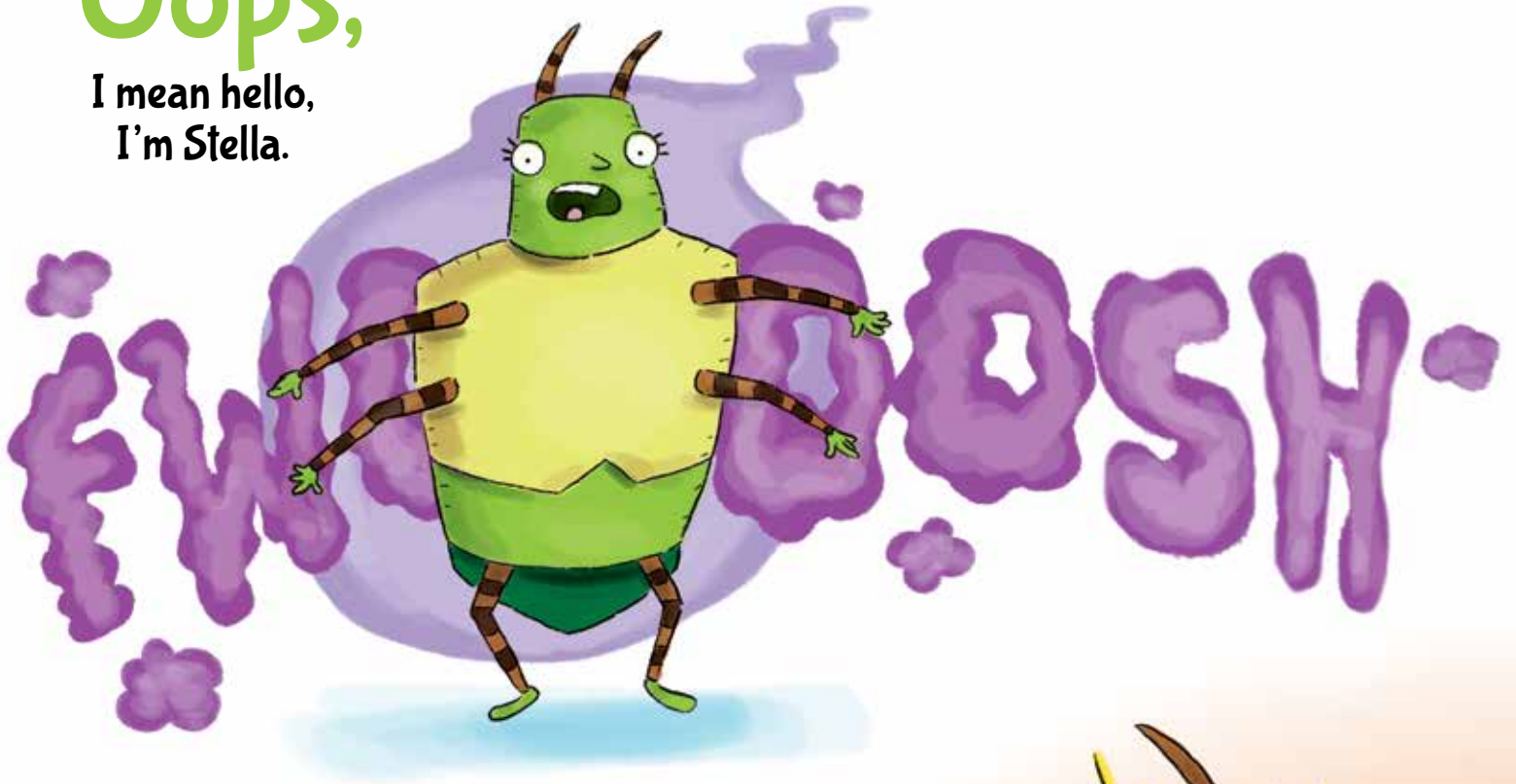
“Hey guys, **FREDDIE** here.

Meet my friend Stella. She’s a stinkbug,
and she’s here to tell you her story.



Oops,

I mean hello,
I'm Stella.



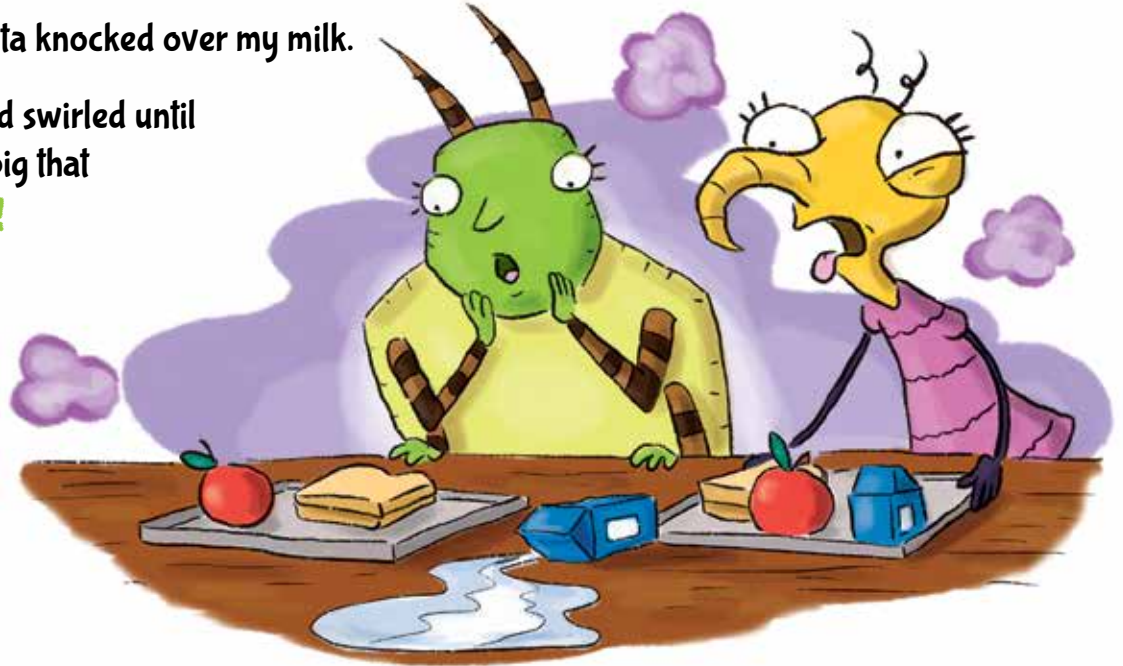
I'm new here and it really stinks being the new kid.

**Bad things are
always happening.**



Later at lunch, Mesquita knocked over my milk.

The gasses whirled and swirled until
my stomach grew so big that
I EXPLODED!



Worst of all, when I was coming back from art, I realized Slinky had MY yellow crayon.



I felt the blood whizz
through my wings,
and I grew and
grew and grew till
FWOOSH!

I bugged out and
sprayed everywhere.

I ran to the bathroom and I tripped and cut my leg.

THAT WAS IT!

The blood rushed to my head and I popped.



NOW I'M HIDING IN THE BATHROOM.

Pages 8-31 are not included in this
excerpt.



WHAT'S ALL THE BUZZ ABOUT FREDDIE the FLY?

Freddie the Fly's friend Stella the Stinkbug has a problem. Or lots of problems. Some problems are **BIG**, and some are small. But every time she faces a problem, she reacts the same way. She **BUGS OUT**. And you know what happens when a stinkbug bugs out? It causes a **BIG STINK!**

With help from Mrs. Monarch, Stella and Freddie learn about different kinds of problems: **BIG** problems, **MEH** problems, and **NO BIGS**. Each problem has an appropriate reaction. Mrs. Monarch teaches Stella and Freddie two important questions to ask themselves, and then the problem-solving can begin!

Follow along as Freddie and Stella learn to control their reactions to different problems, and to keep small problems small so they can be easily solved.

Another great teaching story by Speech-Language Pathologist and expert Kim Delude! Great for K-5 children and the adults in their lives.



“Bugging Out is the latest in the Freddie the Fly book series which offers entertaining and colorful characters that children will enjoy, and excellent opportunities to teach children powerful lessons in the development of social-emotional skills and problem-solving. The writing is rich with opportunities for vocabulary development and identification of feelings leading to important life lessons embedded in great storytelling.”

– Dr. Mary Anne Morris, Executive Director of Special Education and Related Services, Springfield Public Schools



KIMBERLY DELUDE, M.A., CCC-SLP, worked for a national sports team before earning her M.A. at the University of Massachusetts Amherst's College of Education. Kimberly has her Certificate of Clinical Competence from the American Speech and Hearing Association and works as a Speech Language Pathologist in the public schools. She spends her days giving kids a voice and uses her humorous tales to help children have fun while improving their communication skills.

BRIAN MARTIN is an award-winning artist whose work has been featured in publications across the country. He is a graduate of Savannah College of Art and Design.



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