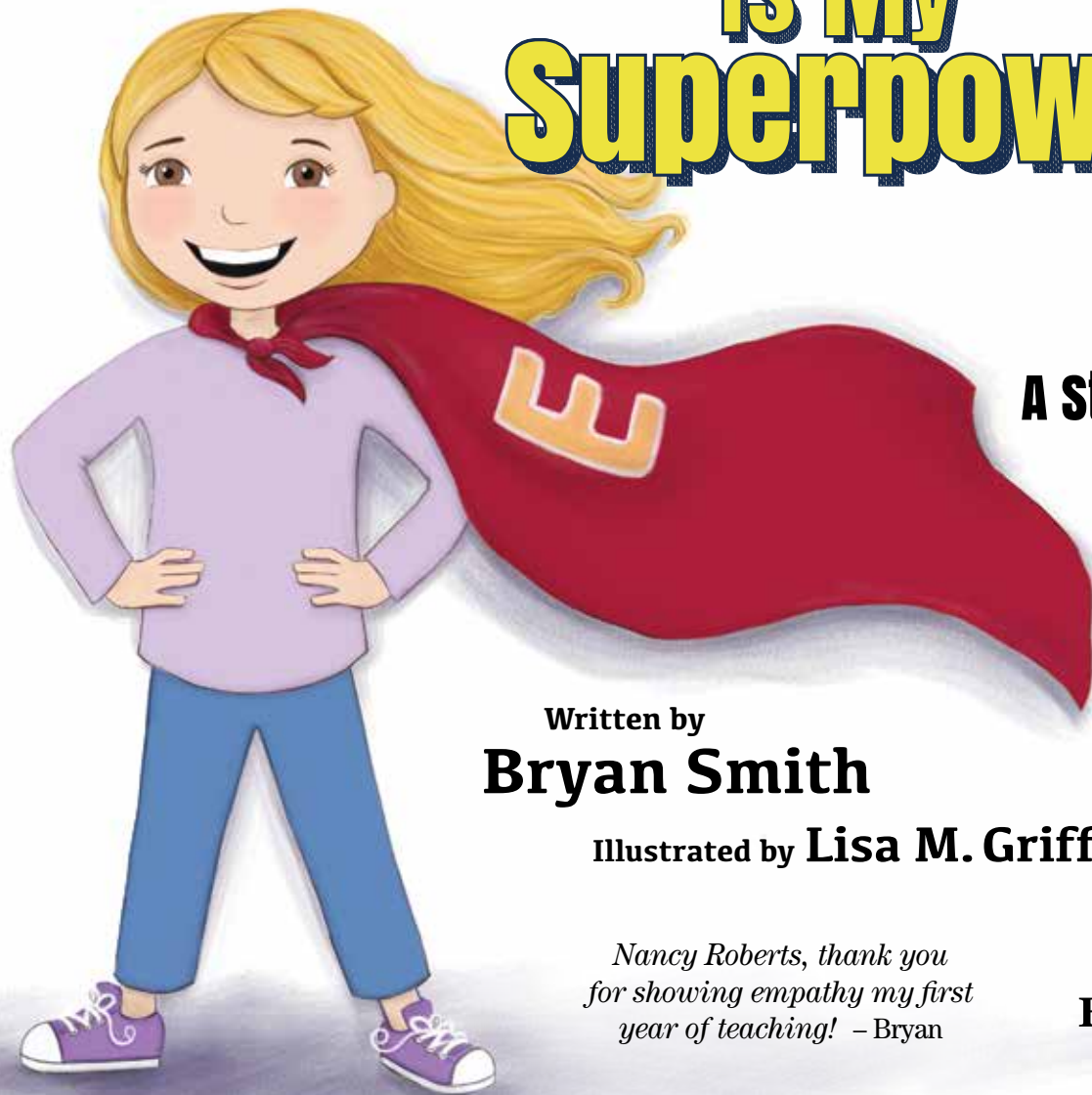


EMPATHY

is My
Superpower!



**A story about
showing
You Care**

Written by
Bryan Smith

Illustrated by **Lisa M. Griffin**

*Nancy Roberts, thank you
for showing empathy my first
year of teaching! – Bryan*

BOYS TOWN.
Press

Boys Town, Nebraska

Empathy is My Superpower!

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Hey
everyone,
Amelia here.

I'm a little tired right now.

Last night I was trying to get my beauty sleep (not that I need much!), when my **CRYBABY** brother started crying in his bedroom because his nightlight went out.





Why does he turn every little thing into the
BIGGEST problem in the world?



Boo-hoo, I say. Aren't we supposed to be teaching kids to toughen up?

Luckily, Mom came and replaced the lightbulb.
Then he **FINALLY** calmed down.



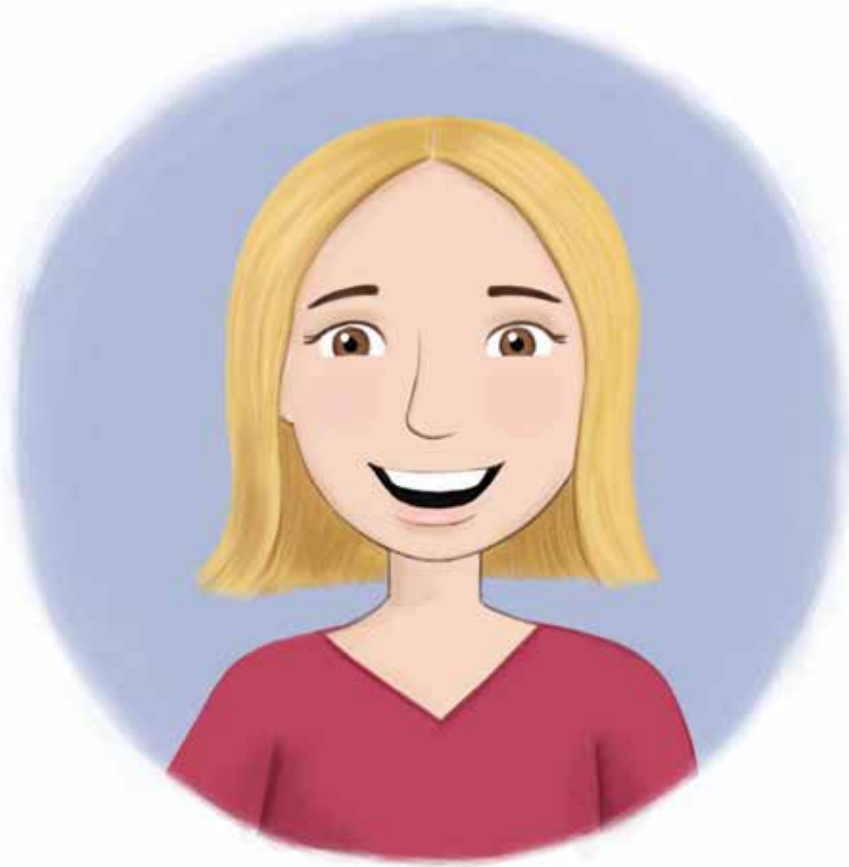
At breakfast, I “thanked” the **BIG BABY** for keeping me up half the night.

“**But I was scared of the dark,**” he whined.

“Dude, you need to be **TOUGHER** than that. You’re not two years old anymore.”

“**STOP!**” Mom shouted. “Quit picking on your brother. You know, it wouldn’t hurt you to show some empathy.”





“Mom, I wasn’t being mean. I was stating a fact. Kevin was acting like a baby. And besides, empathy isn’t a REAL word.”

“Amelia, you may think he was acting like a baby, but in his mind, he wasn’t,” Mom said. **“Kevin really was scared. Don’t you know what empathy means?”**

“Not really,” I said.

“It means you understand how others feel, and you give them support. It really isn’t hard to show a little **EMPATHY**. Just follow these simple steps.”

HOW TO SHOW **EMPATHY**

- 1.** Think about how others may feel.
- 2.** Come up with ways to show them you understand.
- 3.** Offer any help or assistance you can.



Pages 10-31 are not included in this excerpt.

Amelia just can't understand why some people act the way they do!

Why does her brother cry when it's dark? (He's a crybaby!) Why does Kayla take so long to read anything? (She's not trying!) And what's up with all the strange-smelling food Priya has for lunch every day? (So weird!)

Amelia has no empathy. And she doesn't even know what the word means. With guidance from her parents, however, she discovers the meaning and power of empathy. Soon enough, she becomes...

SUPER E! The caped crusader determined to show compassion to anyone and everyone in need.

The more Amelia uses her newfound empathy skills, the more she discovers the power empathy has to make others—and herself—feel happier and more connected.

Empathy is My Superpower! is another entertaining title in the *WITHOUT LIMITS* book series that inspires children in grades K-6 to be kind, committed and caring.

“Empathy is a tough topic for children to fully comprehend. What a creative way to help students begin to understand empathy! I can't wait to share it with the children in my life!”

—Bonnie Gundling, educator, parent, and grandparent



BRYAN SMITH is an award-winning author who comes from a family of educators. Bryan began his career as an elementary school teacher before realizing he had a talent for helping children deal with difficult issues. He has since become a school counselor, where he flourishes teaching students life skills that will take them far and help them succeed.

LISA M. GRIFFIN holds a BFA in Illustration and is an active member of the Society of Children's Book Writers and Illustrators. Lisa is married and has three children.



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