

To Phillip, I love our life together. Thank you for your encouragement, always.



BOYS TOWN
Press

Boys Town, Nebraska

Written by **Ashley Bartley**

Illustrated by **Brian Martin**

Remi in Overdrive

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I'm Remi Squirrel. I'm impulsive and quick.
Watch me zigzag all over the place!

My classmates can sit and focus on work,
but I struggle to stay in my space.



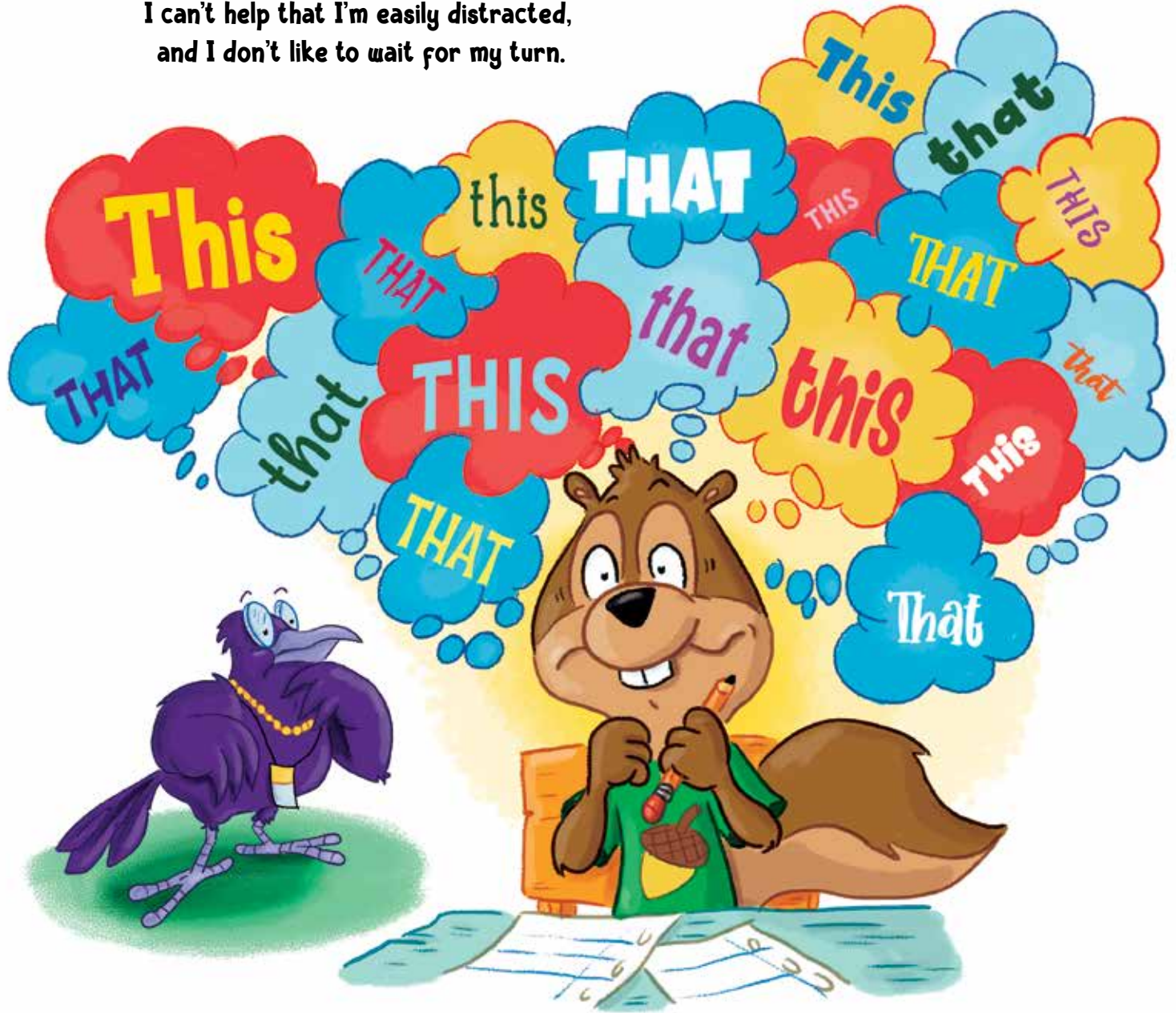
**“Today is our museum field trip,” says Ms. Crow.
“Listen to my rules so no one gets lost or hurt.”**



**“Ms. Crow, can I choose my seat on the bus?!”
“Remi, please raise your hand and don’t blurt!”**

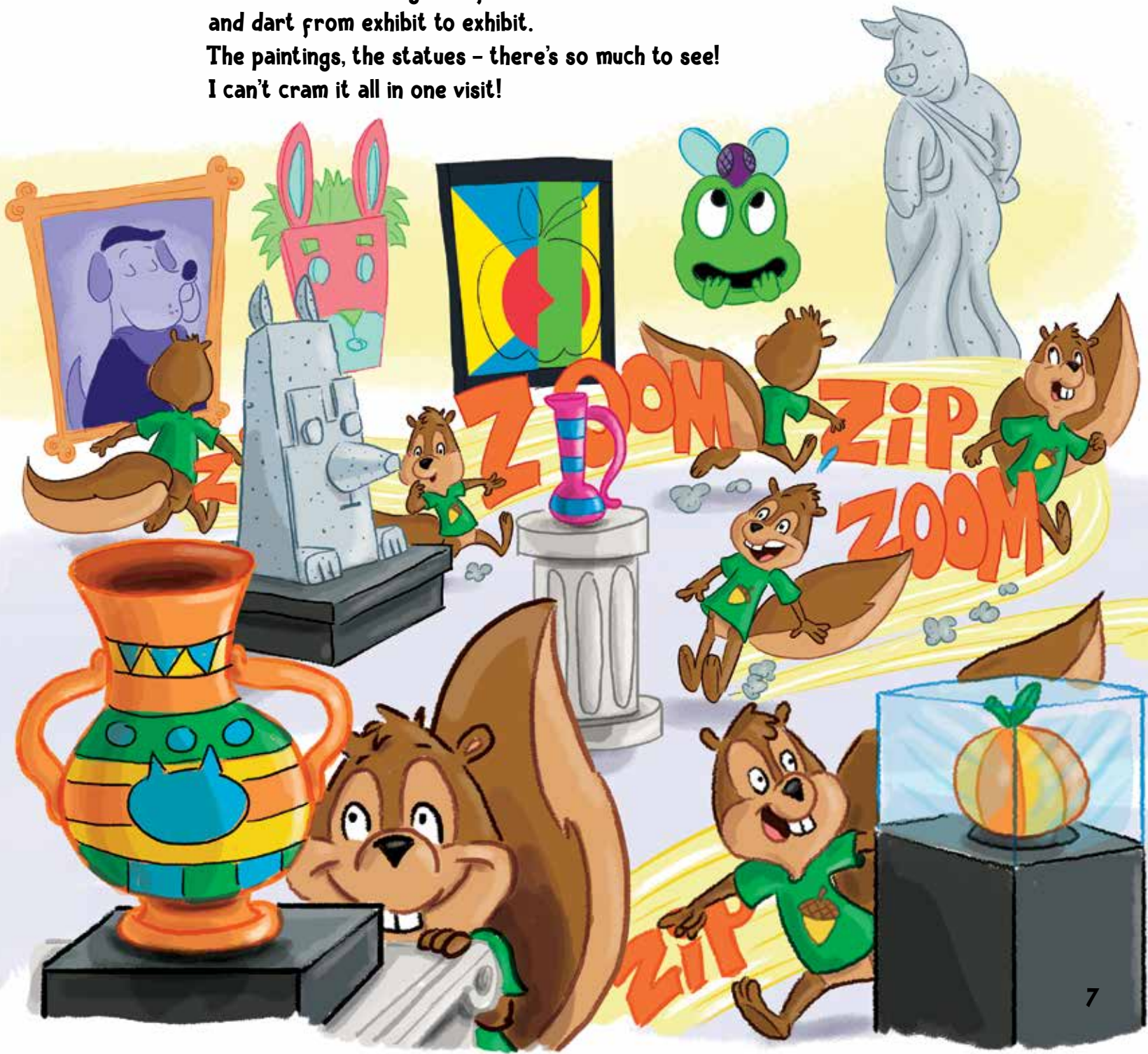


I can't help that I'm easily distracted,
and I don't like to wait for my turn.



My thoughts all compete for attention,
and Ms. Crow says it's cause for concern.

I tune out her boring list of rules
and dart from exhibit to exhibit.
The paintings, the statues - there's so much to see!
I can't cram it all in one visit!



Pace the Sloth wanders into the gallery.
He's searching for the rest of our class.
When I whip around to help him look,
my tail strikes a display of blown glass.



The glass teeters, wobbles, and starts to fall.
But Opal Octopus saves it with her powerful suction.



She ushers me away from the breakables and then begs,
“Can we please just avoid major destruction?”

Pages 10-31 are not included in this excerpt.

Remi is a real Wrecking Ball.

Wherever he goes and whatever he does, there is always a mess left behind. He is so full of energy, he can't sit still, stay focused, or be patient. He darts and dashes in every direction, and his mind races from one idea to the next.

In all the commotion, homework never gets done, assignments go missing, a field trip almost ends in disaster, and a much-wanted spaceship is left behind. Will Remi ever learn to slow down and calm himself long enough to get organized, stay focused, and actually find success?

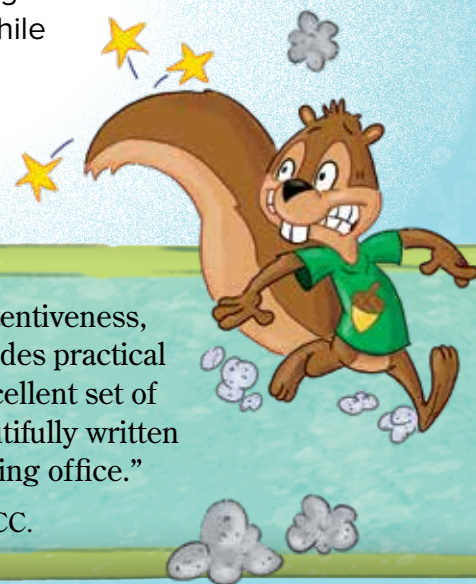
Author Ashley Bartley uses rhyme to convey the importance of keeping calm and controlling the wiggles. This clever tale will entertain young readers while giving teachers and parents valuable tips, too!

Remi in Overdrive is the third storybook in the popular *Diamond, Opal and Friends* series written for children ages 4-11.



“Remi in Overdrive is an excellent resource for normalizing inattentiveness, hyperactivity, and impulsivity in the school setting. This book provides practical and feasible ideas for managing these challenges, providing an excellent set of resources to students, families, and educators. I highly recommend this beautifully written and illustrated book for every elementary school classroom and counseling office.”

– Rebekah Cole, Ph.D., LPC, NCC.



ASHLEY BARTLEY, M.Ed., NCC, is a school counselor whose writing has been published in *The Joyful Life* magazine and on the *Kindred Mom* blog. She earned her B.A. in psychology from the University of Virginia and her M.Ed. in school counseling from the College of William & Mary in Williamsburg, VA, where she grew up. She also has a diploma from the Institute of Children's Literature and is a National Board Certified Counselor. She lives in the beautiful Shenandoah Valley of Virginia with her husband and three young boys. Learn more at www.counselorstation.com.

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